

# NET-ZERO LESSONS LEARNED:

Design, construction, and two years of living in a net-zero, high performance home.

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BBD 2020

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VERMONT INTEGRATED ARCHITECTURE



# OUTLINE

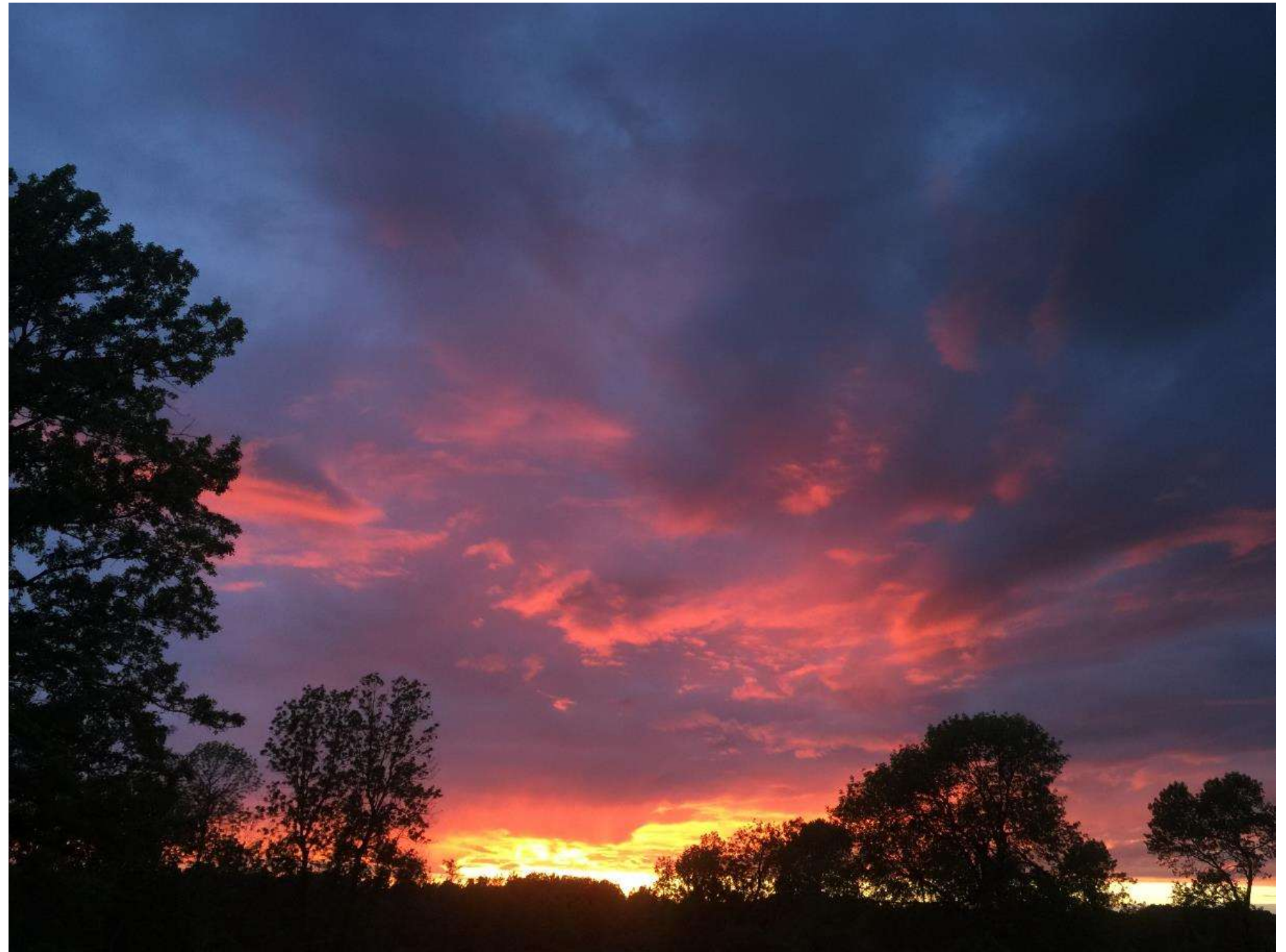
1. BACKGROUND AND DESIGN PROCESS
2. CONSTRUCTION DETAILS AND CONSTRUCTION
3. LIVING IN IT- LESSONS LEARNED





# LEARNING OBJECTIVES

1. How design can affect building performance, how the High Performance Homes program meets 2030 climate goals, and how HP homes perform in real life.
2. Universal design principles for changing lives.
3. Construction details for thermal bridge free design and low-carbon materials.
4. MEP design and performance for high performance homes.





# Why do we build?

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Human nature to create “home”

“Machine for living”- Corbusier

“The ultimate form of human self-expression”

“Architecture begins to matter when it brings delight, sadness, perplexity and awe along with a roof over our heads.” – Paul Goldberger

“Buildings are inextricably linked to time and space. They are defined by their context.” - John Kampfner





# Where and How should we build NOW?

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“We are the authors of our out-of-control climate system... Now we all share the responsibility to write the next act... I know that there are climate horrors to come, but those horrors are not yet scripted. We are staging them by inaction, and by action can stop them.”

– David Wallace-Wells, “The Uninhabitable Earth”

# DESIGN PROCESS

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# SITE SELECTION PRIORITIES

LESS THAN 5 MILES BIKE RIDE TO TOWN

MOUNTAIN VIEWS- EAST OR WEST

GOOD SOLAR EXPOSURE FOR PASSIVE  
DESIGN AND PV'S

PEACEFUL, OFF MAIN ROAD

EASY ACCESS FOR EASY DEVELOPMENT

POTENTIAL FOR TRAILS , GARDENING







MAGIC- VIEWS! QUIET YET NOT TOO FAR FROM TOWN







# SITE PLAN





# HOUSE PRIORITIES

COMFORTABLE, SUNNY, INFORMAL

PLAYFUL, NOT PRECIOUS

NET-ZERO AND PASSIVE HOUSE OR  
ALMOST PASSIVE HOUSE

FLEXIBILITY OVER TIME- AGE IN  
PLACE, ROOM FOR GUESTS, FUTURE  
ONE LEVEL LIVING, USE ALL ROOMS

WORK FROM HOME FOR 1 OR 2

HOW MUCH SPACE IS TOO MUCH?  
NO UNUSED ROOMS

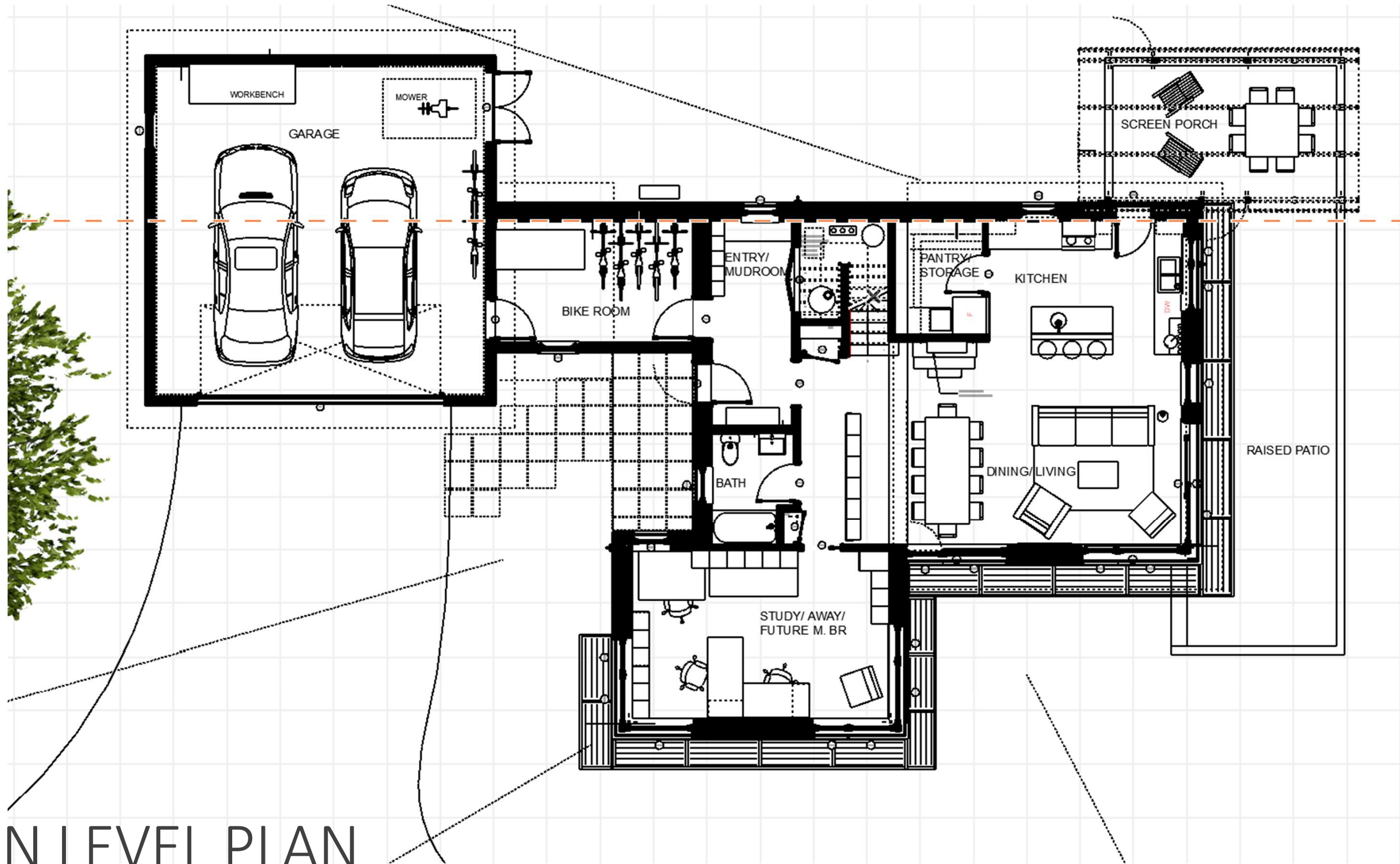
GOOD STORAGE W/ NO BASEMENT

BALANCE BETWEEN COST AND  
QUALITY/ PERFORMANCE

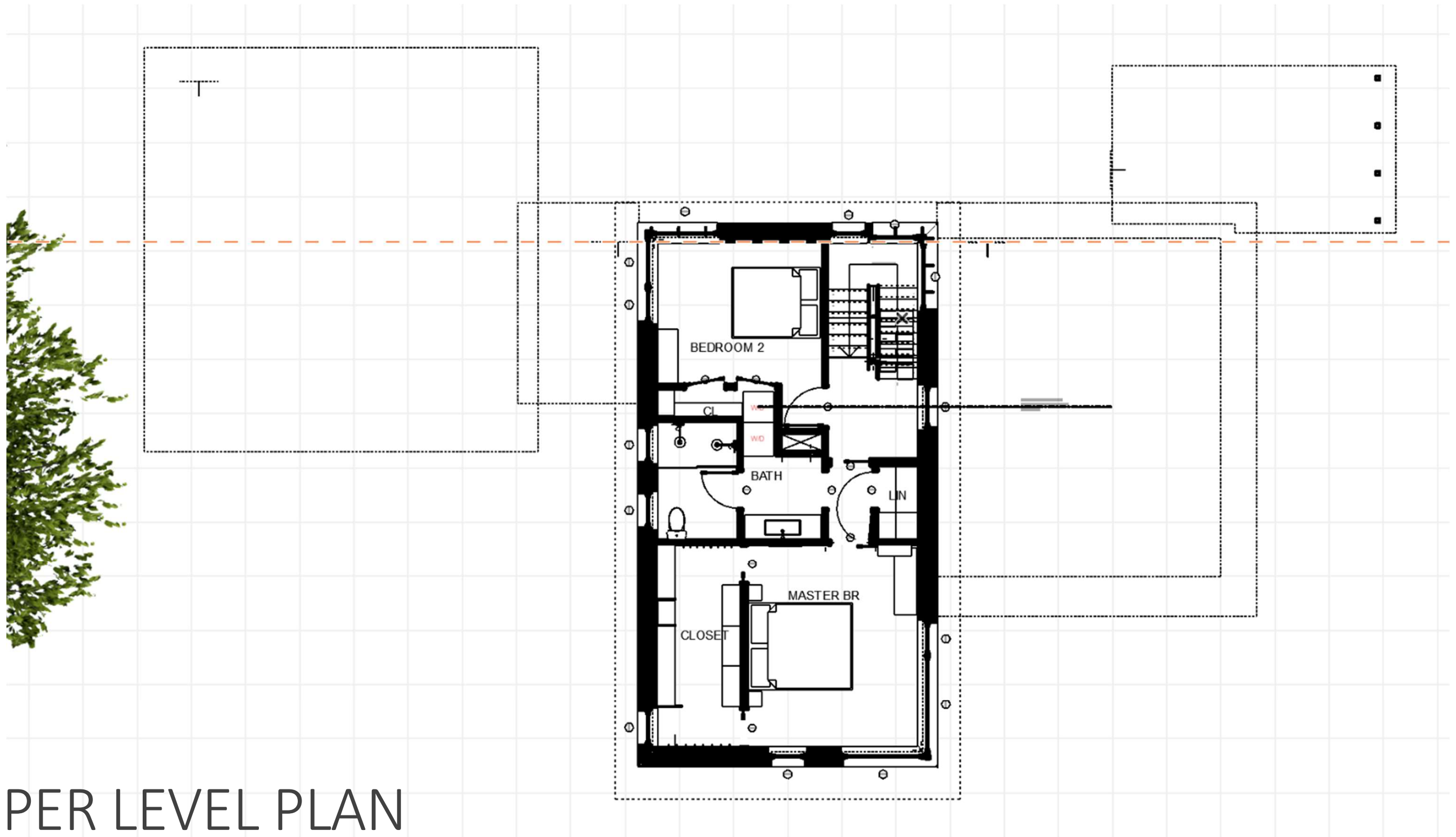
DELIGHT IN DETAILS AND FINISHES-  
WOOD FROM CHERRY TREES





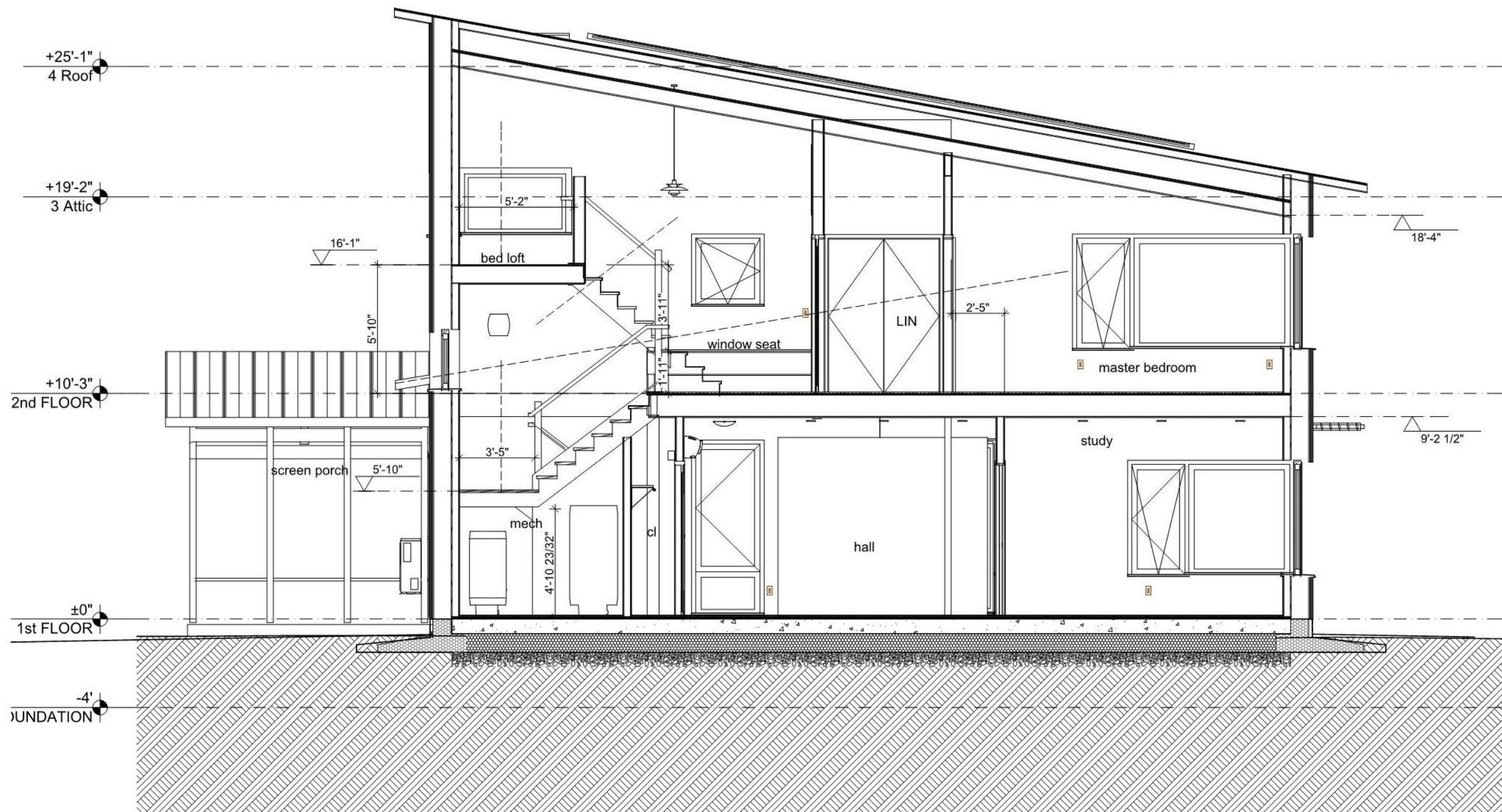


# MAIN LEVEL PLAN

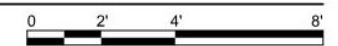


# UPPER LEVEL PLAN





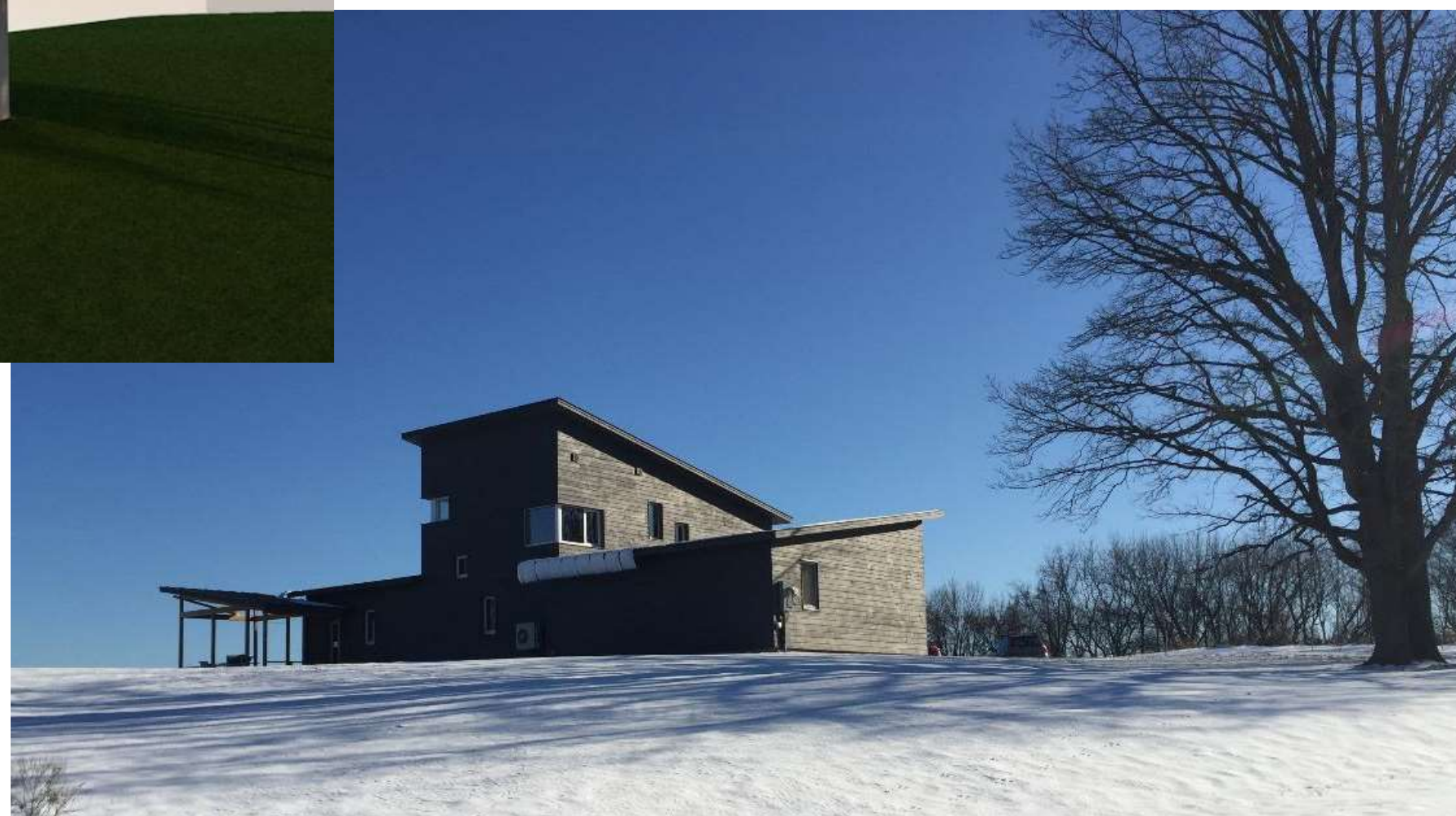
2 SECTION  
SCALE: 1/4" = 1'-0"







VIEW FROM NW-  
FROM ROAD







VIEW FROM SW- ENTRY





VIEW FROM SOUTHEAST



# OPEN LIVING SPACE

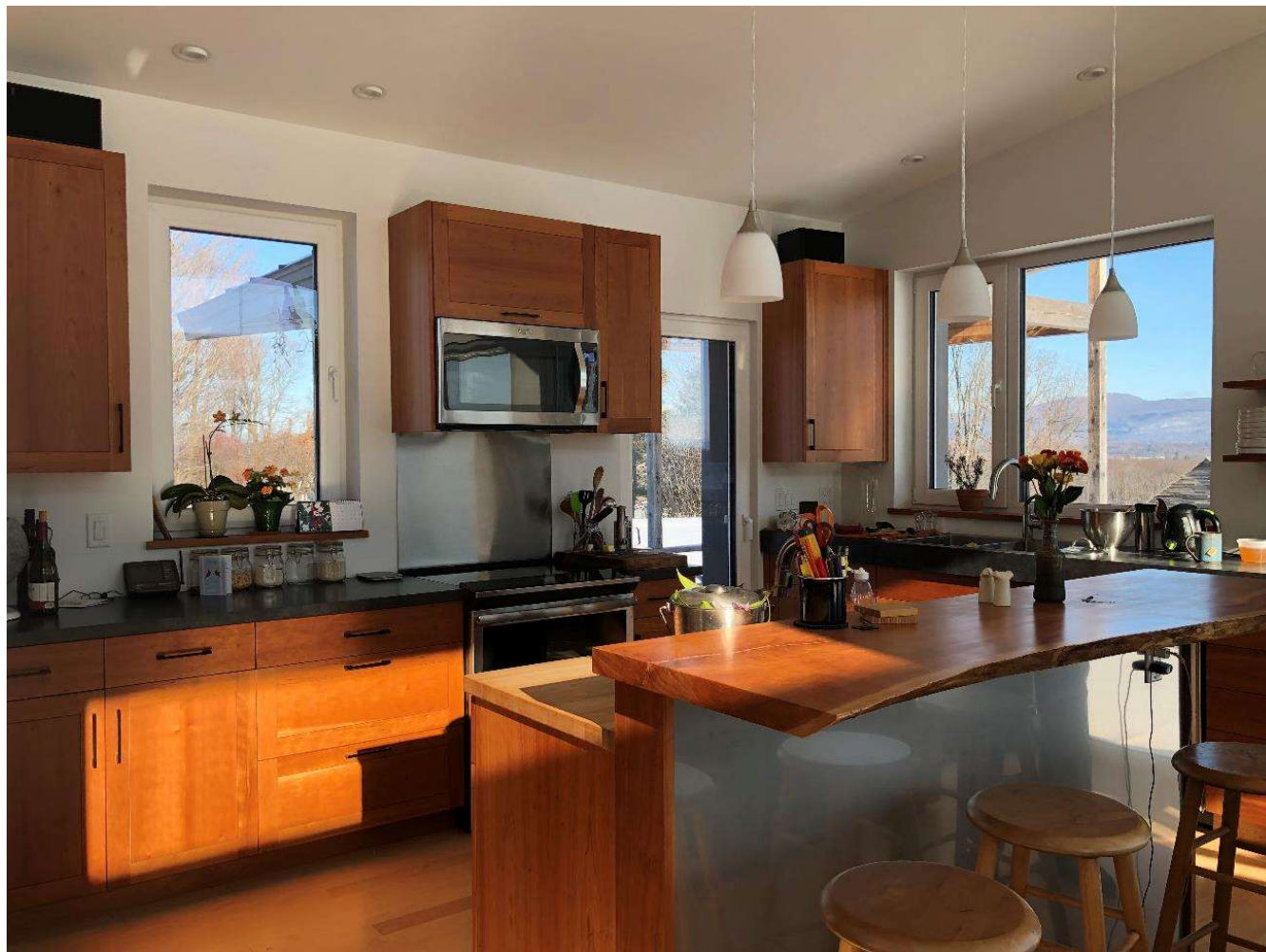
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# KITCHEN

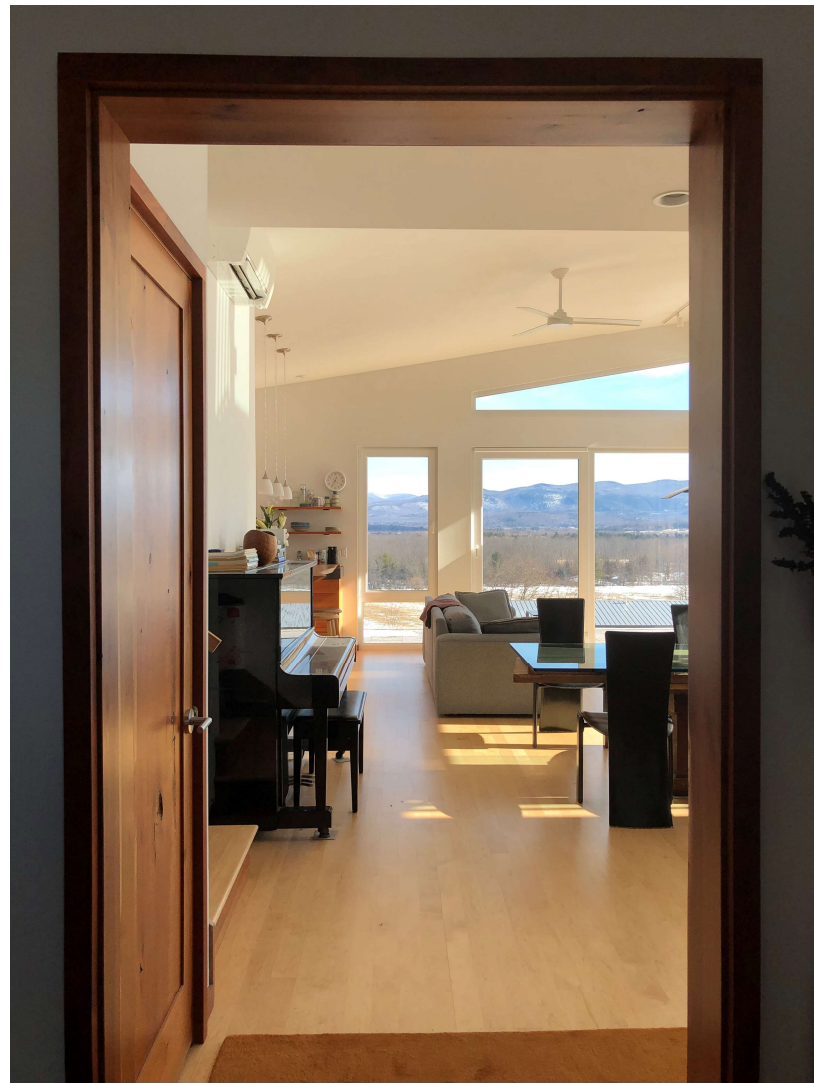
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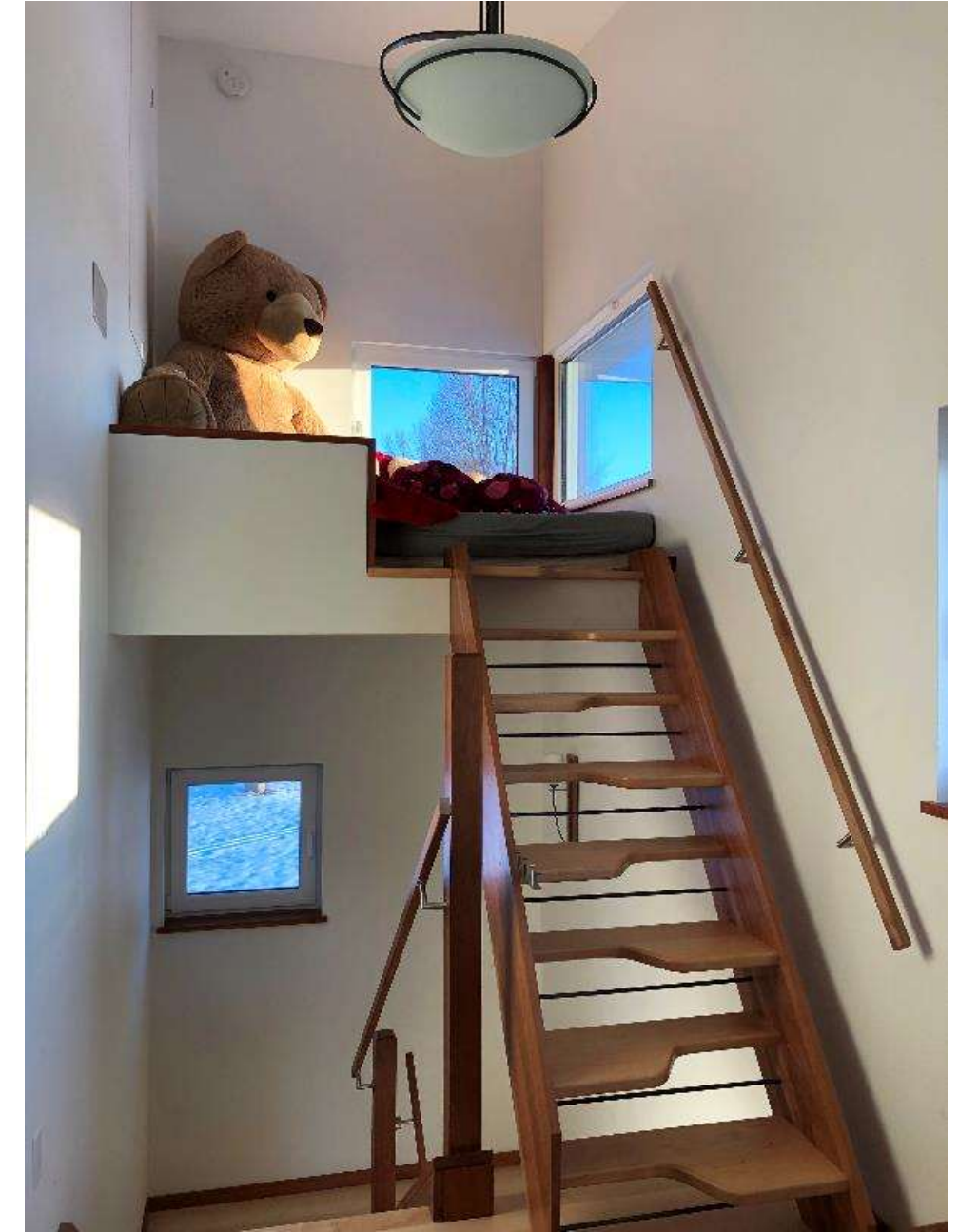
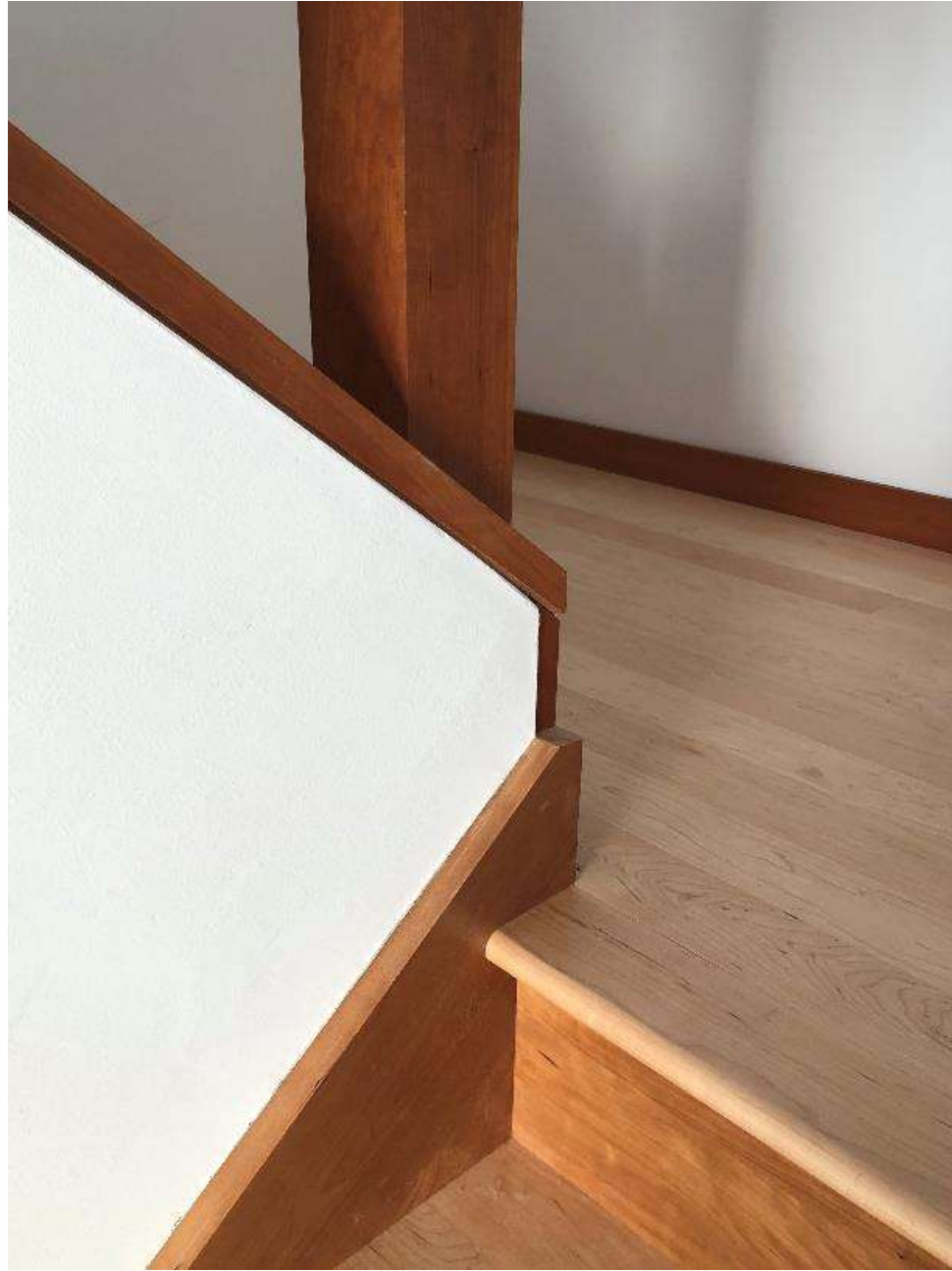


# CONNECTED SPACES

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STAIRS- CHERRY AND MAPLE



# CONNECTED SPACES

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# HP SPECS

## ENVELOPE:

R-40 EPS UNDER AND AROUND SLAB

R-45 WALLS- 9.5" I-JOIST W/  
CELLULOSE OUTSIDE OF 2X4  
STRUCTURAL WALL W/ MIN. WOOL.

R-70 ROOF- 24" TRUSSES WITH 21"  
MEDIUM DENSE-PACK CELLULOSE

U-.18 PVC TILT AND TURN  
WINDOWS- ALL .5 SHGC- MOSTLY  
MID-WALL INSTALLATION, EXTERIOR  
INSULATION

.5 ACH 50 AIR LEAKAGE (MEETS  
PASSIVE HOUSE LEVELS)

## EFFICIENT SYSTEMS:

ZEHNDER ERV (OWNER INSTALLED)

1- 18,000 BTU LOW TEMP HEAT  
PUMP (ADDITIONAL LINESET  
INSTALLED FOR FUTURE SECOND  
FLOOR COOLING)

HEAT PUMP HOT WATER HEATER





# PASSIVE HOUSE PHPP MODELING

PHI: 4.75 kBTU/sf-yr max. heating demand  
(9.51 kBTU/sf-yr for low energy building)

.6 ACH 50 min. volume air tightness

PHIUS:- ~10.9 kBTU/sf-yr heating demand  
for Rutland, VT. 9 BTU/sf-hr max. heat load

.05 ACH 50/SF surface min. air tightness

## MODEL VS. REALITY

This House:

~5 kbtu/sf-yr heating demand (no multiplier)

~10 BTU/sf-hr heat load

237 cfm50= .5 ACH 50

<b>Architecture:</b> Vermont Integrated Architecture Street: P.O. Box 862 Postcode/City: 05753 Middlebury Province/Country: Vermont US-United States of America		<b>Mechanical engineer:</b> none Street: Postcode/City: Province/Country:	
<b>Energy consultancy:</b> Efficiency Vermont- Li Ling Young Street: Postcode/City: Province/Country:		<b>Certification:</b> Street: Postcode/City: Province/Country:	
Year of construction:	2018	Interior temperature winter [°F]:	68.0
No. of dwelling units:	1	Internal heat gains (IHG) heating case [BTU/(hr.ft²)]:	0.76
No. of occupants:	3.0	Specific capacity [BTU/F per ft² TFA]:	10.6
		Interior temp. summer [°F]:	77.0
		IHG cooling case [BTU/(hr.ft²)]:	0.80
		Mechanical cooling:	x

Specific building characteristics with reference to the treated floor area						
				Criteria	Alternative criteria	Fullfilled? <sup>2</sup>
<b>Space heating</b>	Treated floor area ft²	1897				
	Heating demand kBTU/(ft²yr)	11.64	≤	9.51	-	no
	Heating load BTU/(hr.ft²)	9.01	≤	-	-	
<b>Space cooling</b>	Cooling & dehum. demand kBTU/(ft²yr)	2.92	≤	9.51	-	yes
	Cooling load BTU/(hr.ft²)	6.10	≤	-	-	
	Frequency of overheating (> 77 °F) %	-	≤	-	-	-
	Frequency of excessively high humidity (> 0.012 lb/lb) %	0.0	≤	10	-	yes
<b>Airtightness</b>	Pressurization test result n <sub>50</sub> 1/hr	0.5	≤	1.0	-	yes
<b>Non-renewable Primary Energy (PE)</b>	PE demand kBTU/(ft²yr)	32.50	≤	-	-	-
<b>Primary Energy Renewable (PER)</b>	PER demand kBTU/(ft²yr)	15.36	≤	24	24	yes
	Generation of renewable energy (in relation to pro-jected building footprint area) kBTU/(ft²yr)	25.99	≥	-	-	

<sup>2</sup> Empty field: Data missing; '-': No requirement

I confirm that the values given herein have been determined following the PHPP methodology and based on the characteristic values of the building. The PHPP calculations are attached to this verification.			<b>PHI Low Energy Building?</b> no
Task:	First name:	Surname:	Signature:
Issued on:		City:	



# 2030 CHALLENGE

2030 challenge goals for 2020:

80% reduction in operational carbon

40% reduction in embodied carbon

Baseline for Single family operational carbon:

Site EUI= 36 kBTU/sf-yr

2020 80% reduction goal: 7.2 kBTU/sf-yr

This house: Site EUI= 9.8 kBTU/sf-yr before solar, -6 kBTU/sf-yr with solar

Embodied carbon: ???





# BUDGET:

## WHAT WE TOOK OUT

PASSIVE HOUSE SPECS:  
ADDITIONAL INSULATION,  
BETTER WINDOW FRAMES,  
GROUND LOOP FOR ERV

SKYLIGHT

NORTHWEST SUNSHADE  
(MORE DECORATIVE THAN  
FUNCTIONAL)

CUSTOM BOOKCASE AND  
STORAGE CUBBIES (MIGHT  
STILL GET BUILT)

BY OWNER ITEMS





# CONSTRUCTION

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OCTOBER 2017-  
MAY 2018





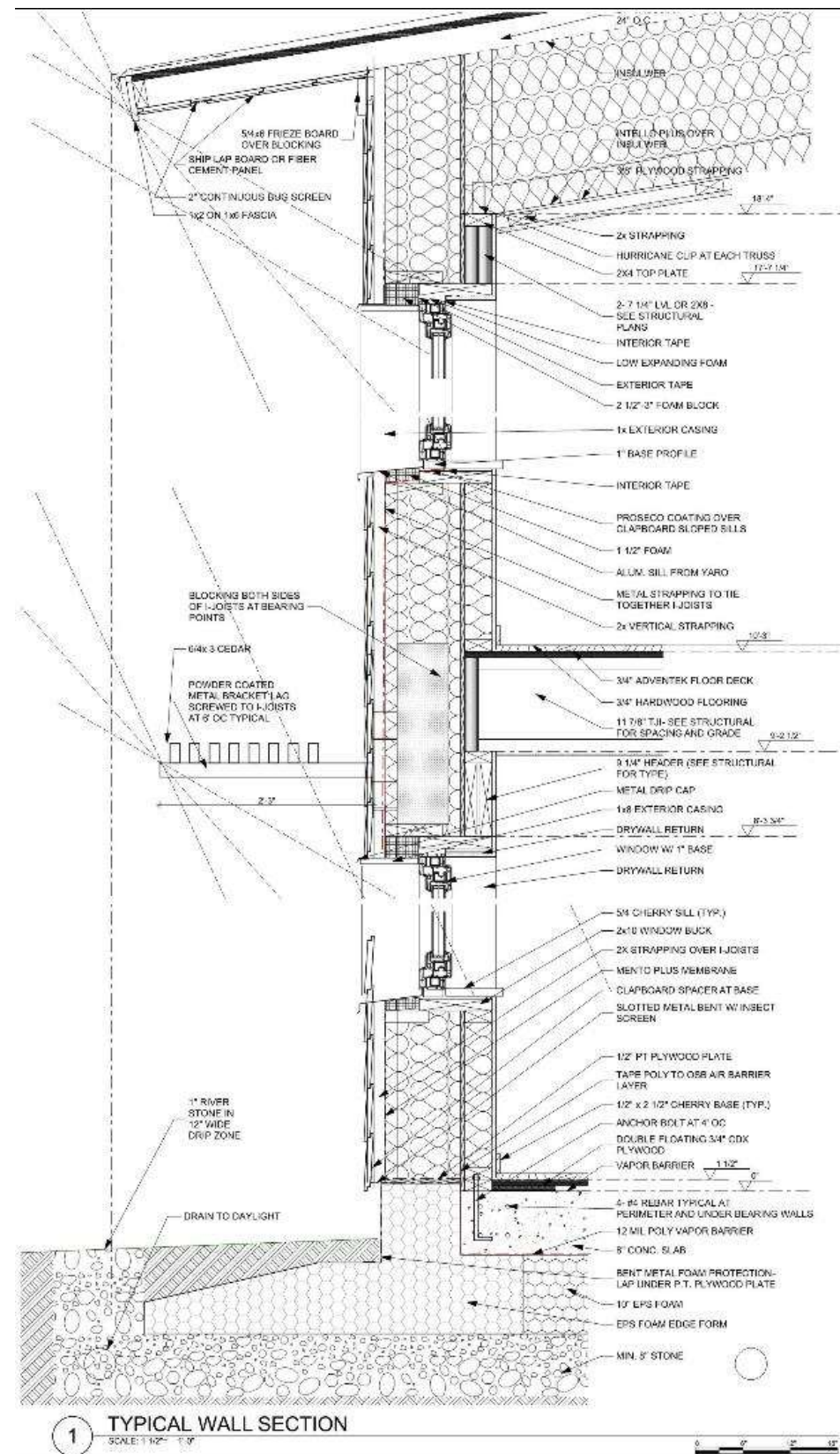
# OVERVIEW

“Architecture is the art of organizing space, but it is by construction that it expresses itself.”

– August Perret

BUILT BY:

NORTHERN TIMBERS  
CONSTRUCTION (LED BY  
ALEX CARVER AND CHRIS  
NORTH)



BETTER BUILDINGS BY DESIGN 2020



# FOUNDATION

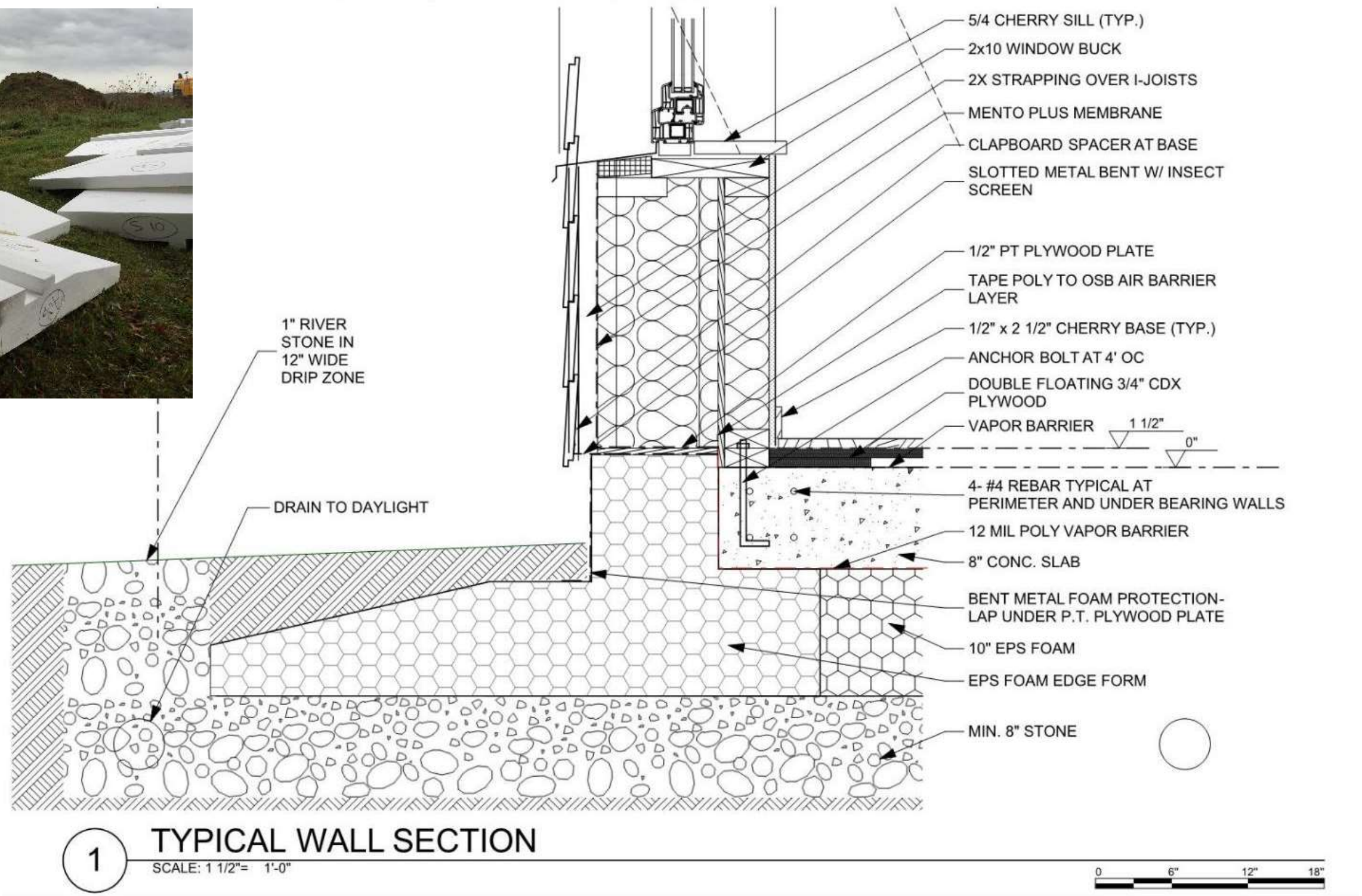


## FROST WALL AT GARAGE AND PATIO





# RAFT SLAB







## ROUGH-IN AND VAPOR BARRIER



# FRAMING

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# FOUNDATION MEETING WALL- STANDING SEAM ROOF

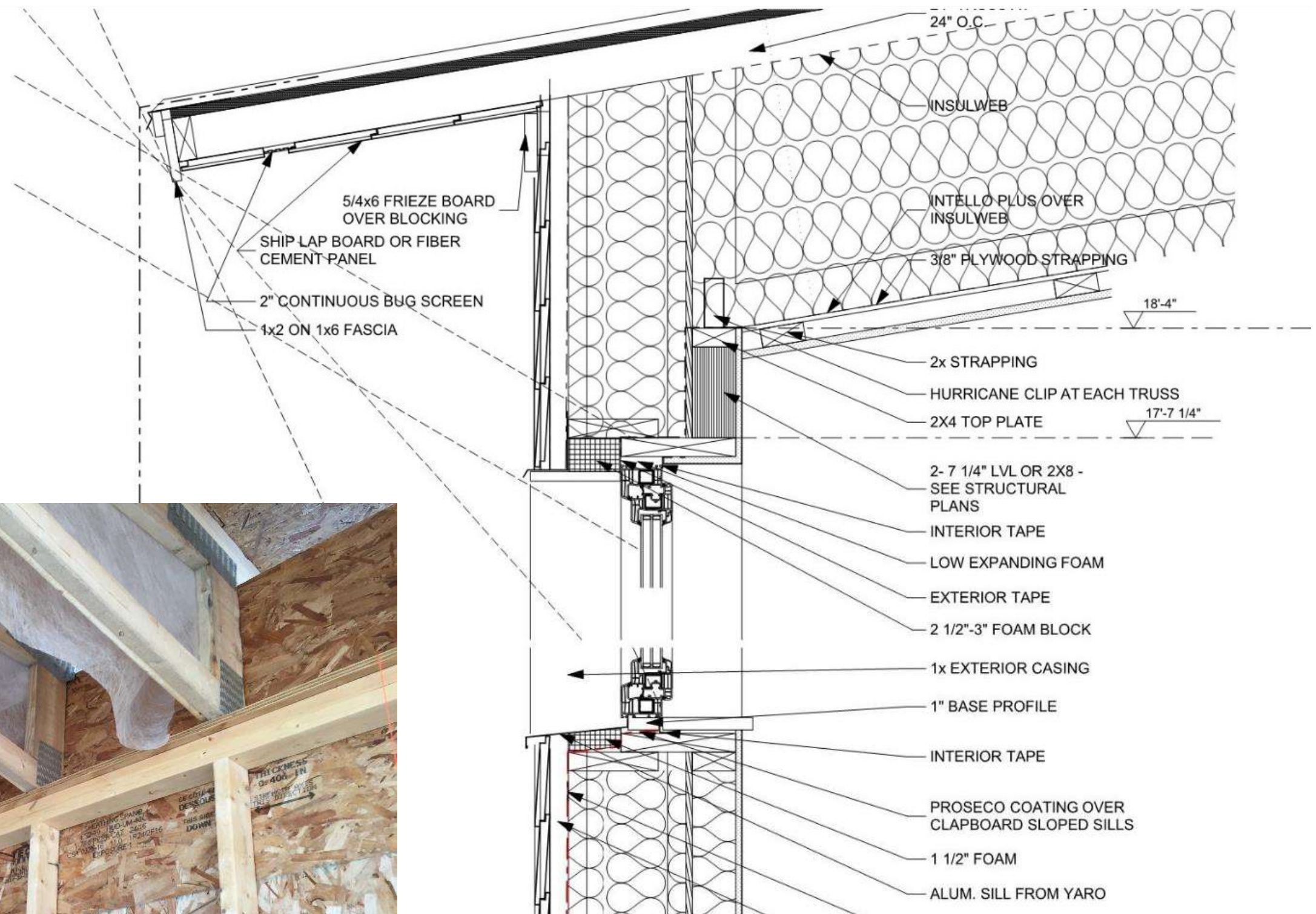




WATER, WATER EVERYWHERE- LET IT DRY OUT, KEEP IT OUT



# ROOF TRUSS INSTALLED WITH DRAPED INSULWEB



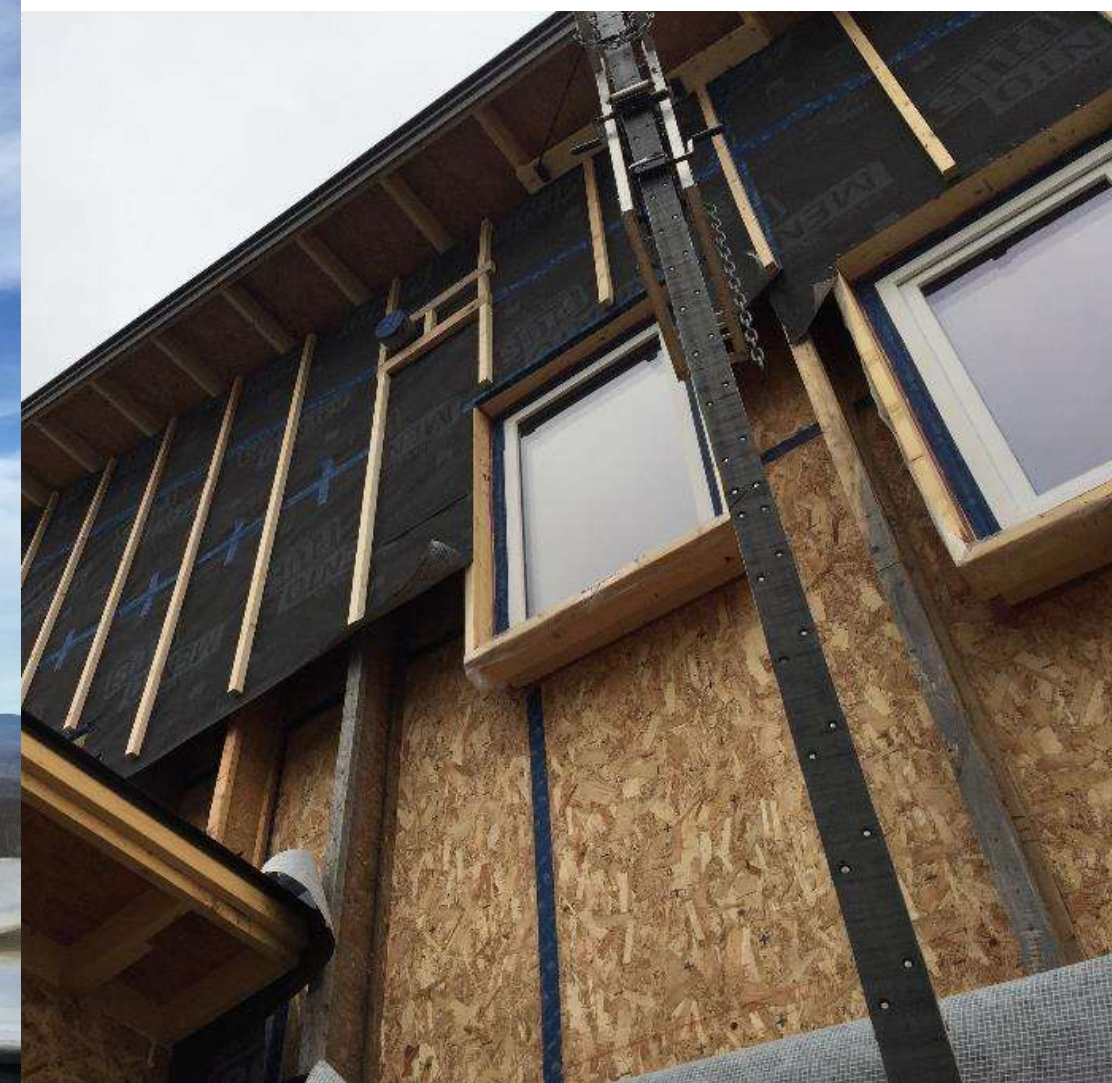




INSULWEB,  
INTELLO,  
STRAPPING

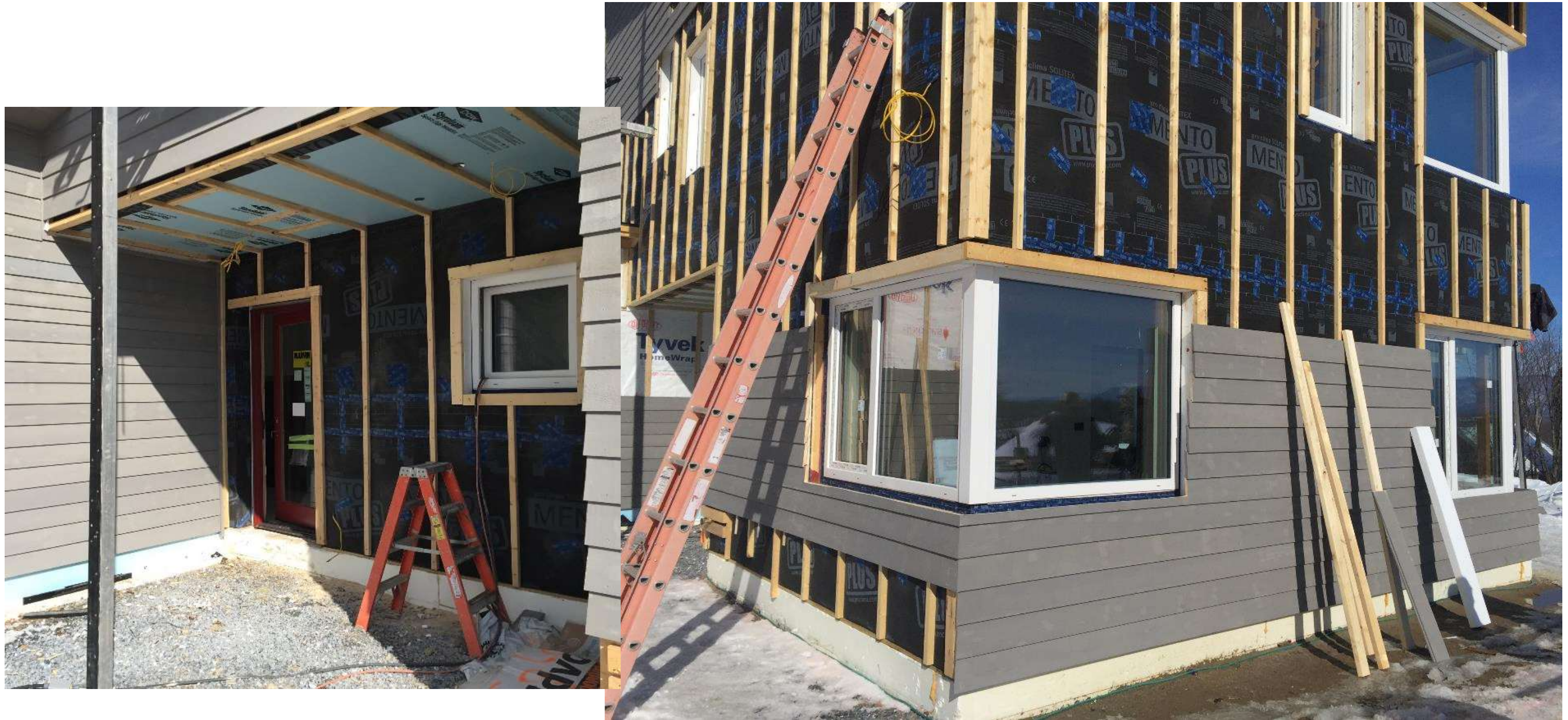






2X4 SHELL W/ ROOF, BUCKS, I-JOIST, MENTO PLUS





# MENTO, STRAPPED, DENSE-PACKED, LAP SIDING

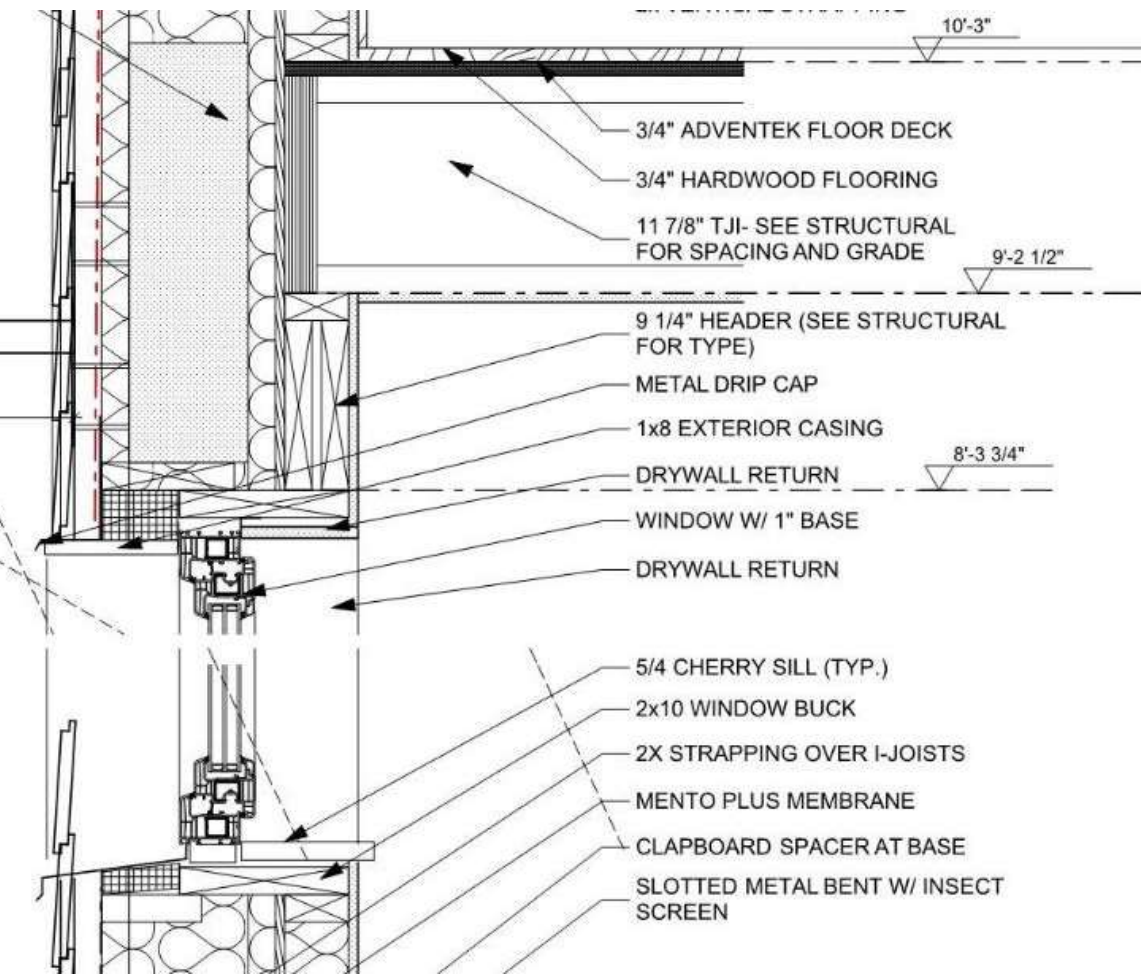
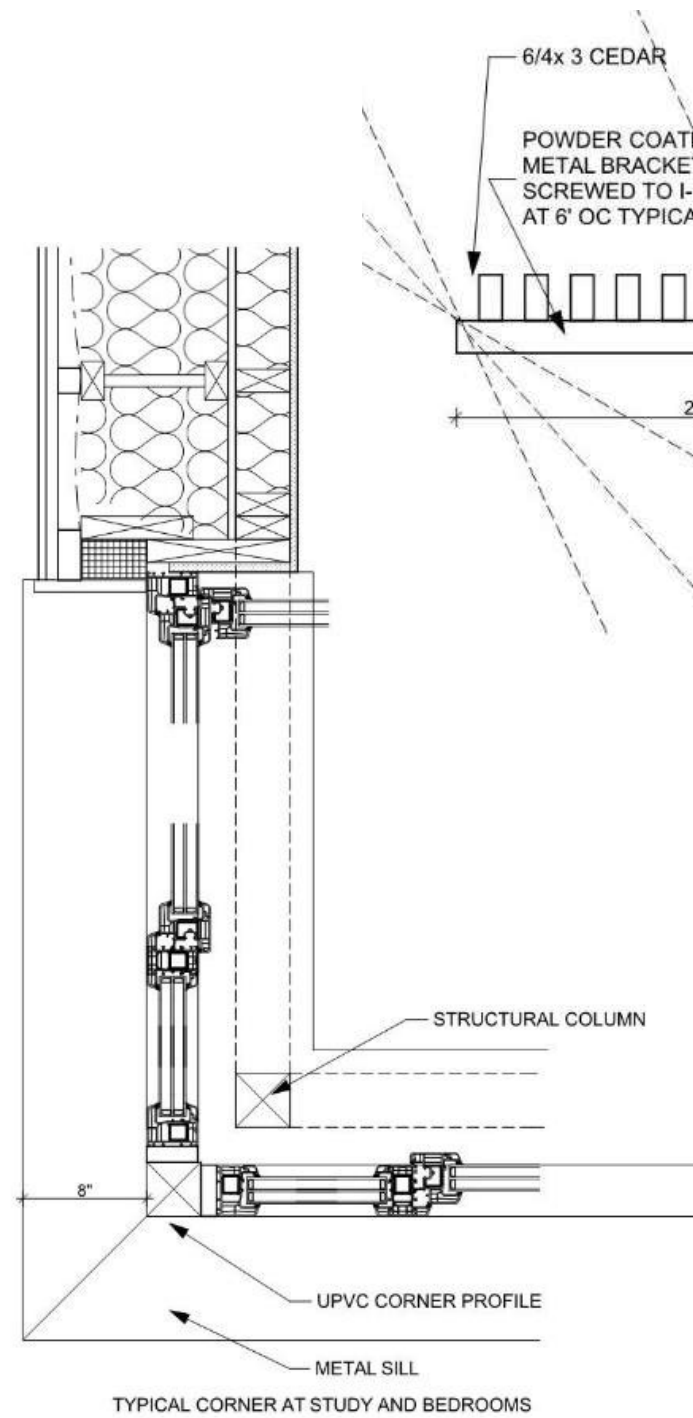
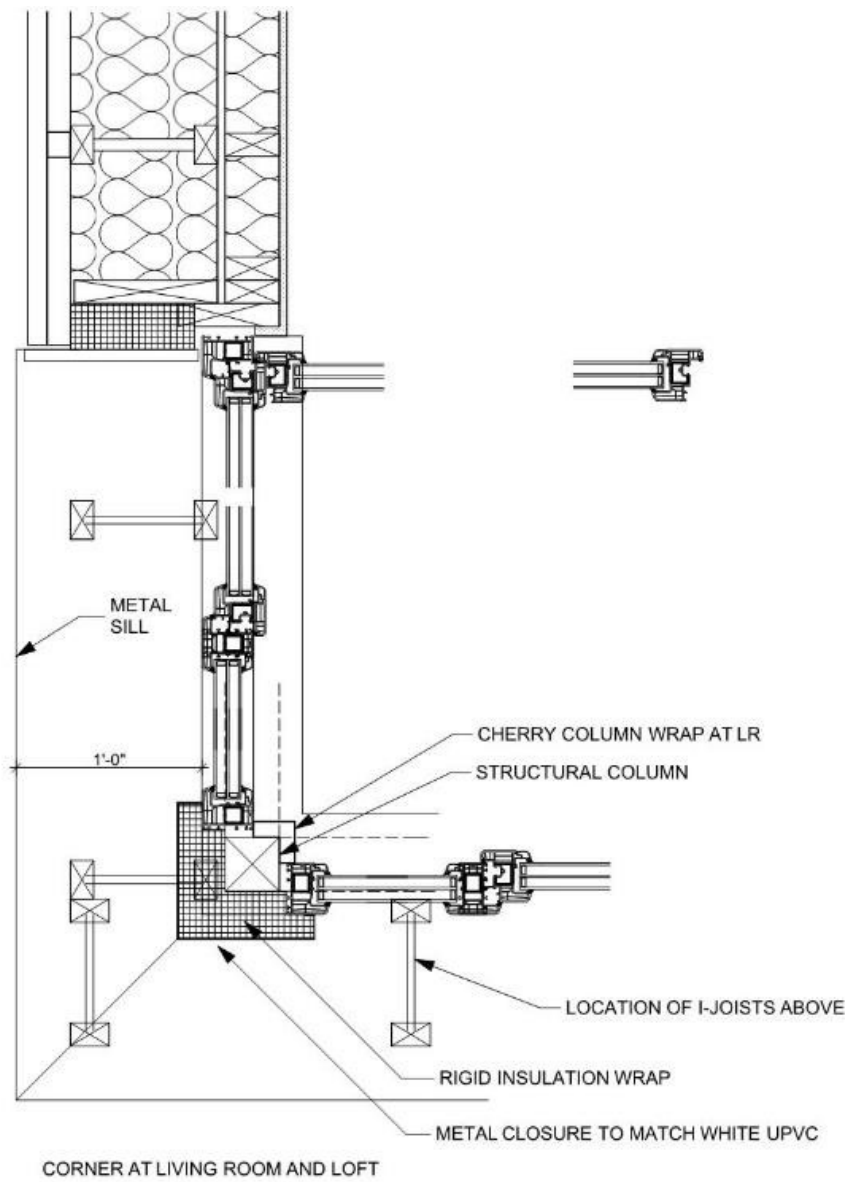




## WINDOW FRAMING- 2x12 bucks, FIR CORNERS



# WINDOWS



## 1 CORNER WINDOWS AND JAMBS

SCALE: 1 1/2" = 1'-0"





WINDOW INSTALL: center of wall, corner, sill





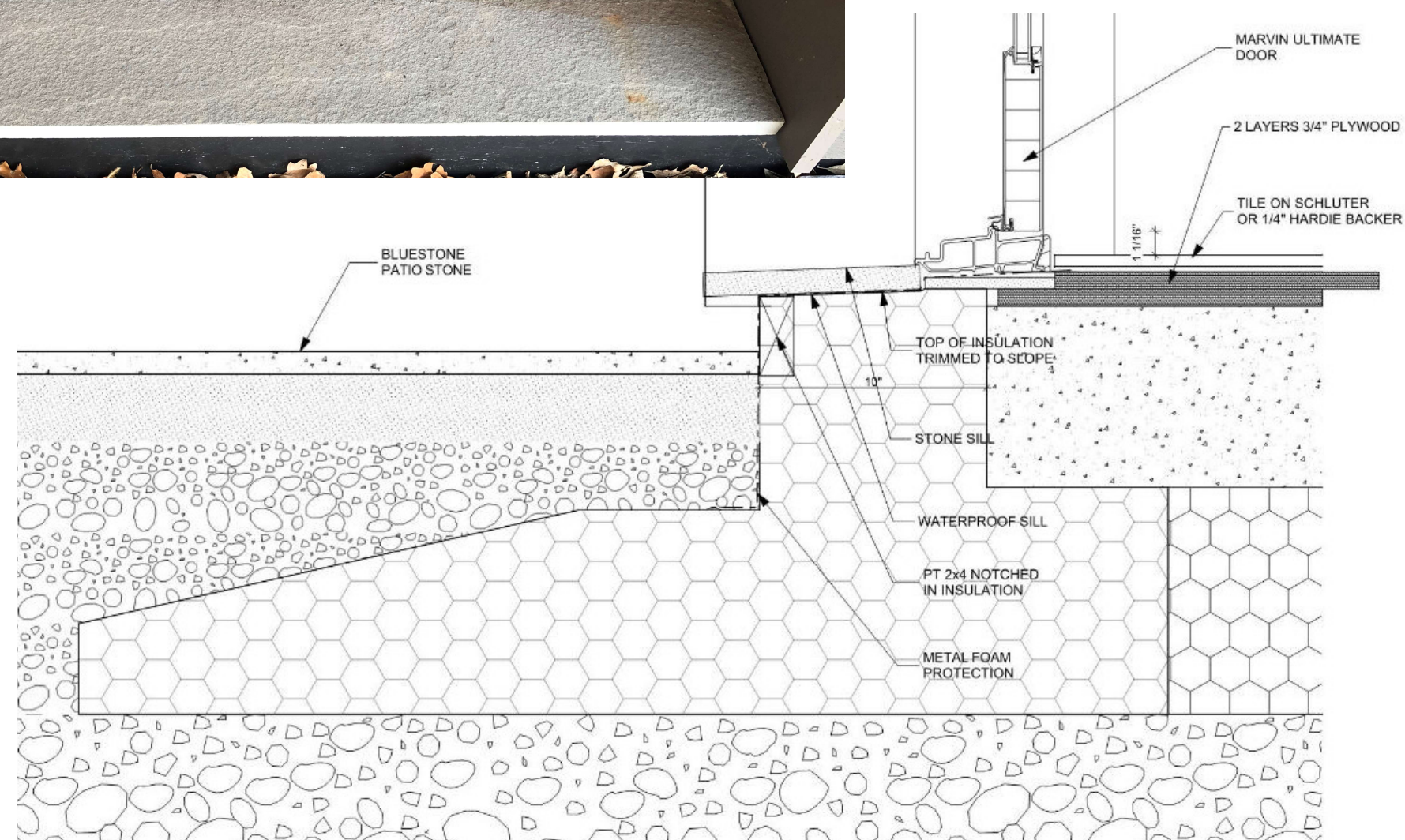
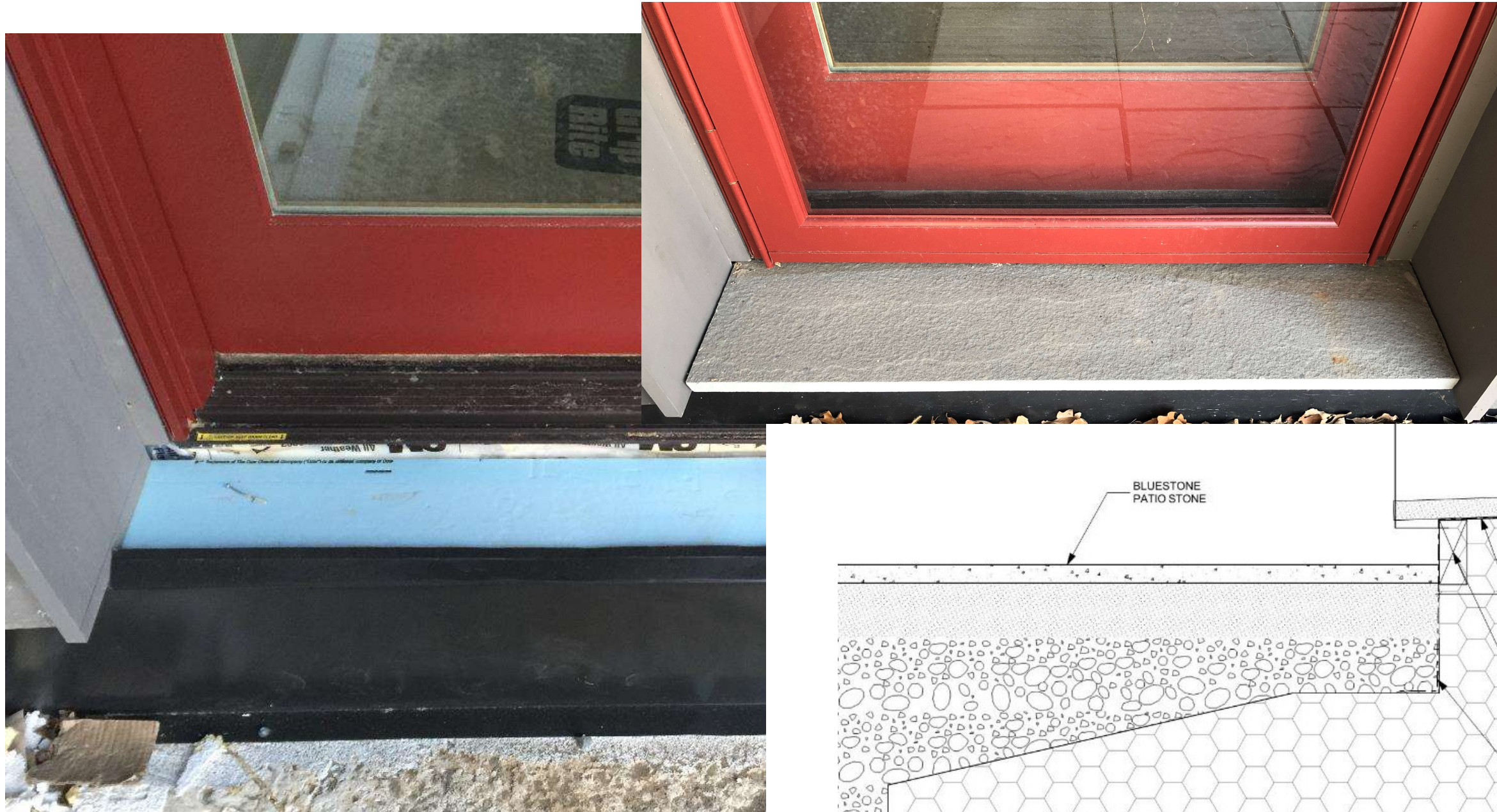
# WINDOW HEAD DETAIL- INSULATION





WINDOW SILL- EARLY WATER LEAK!

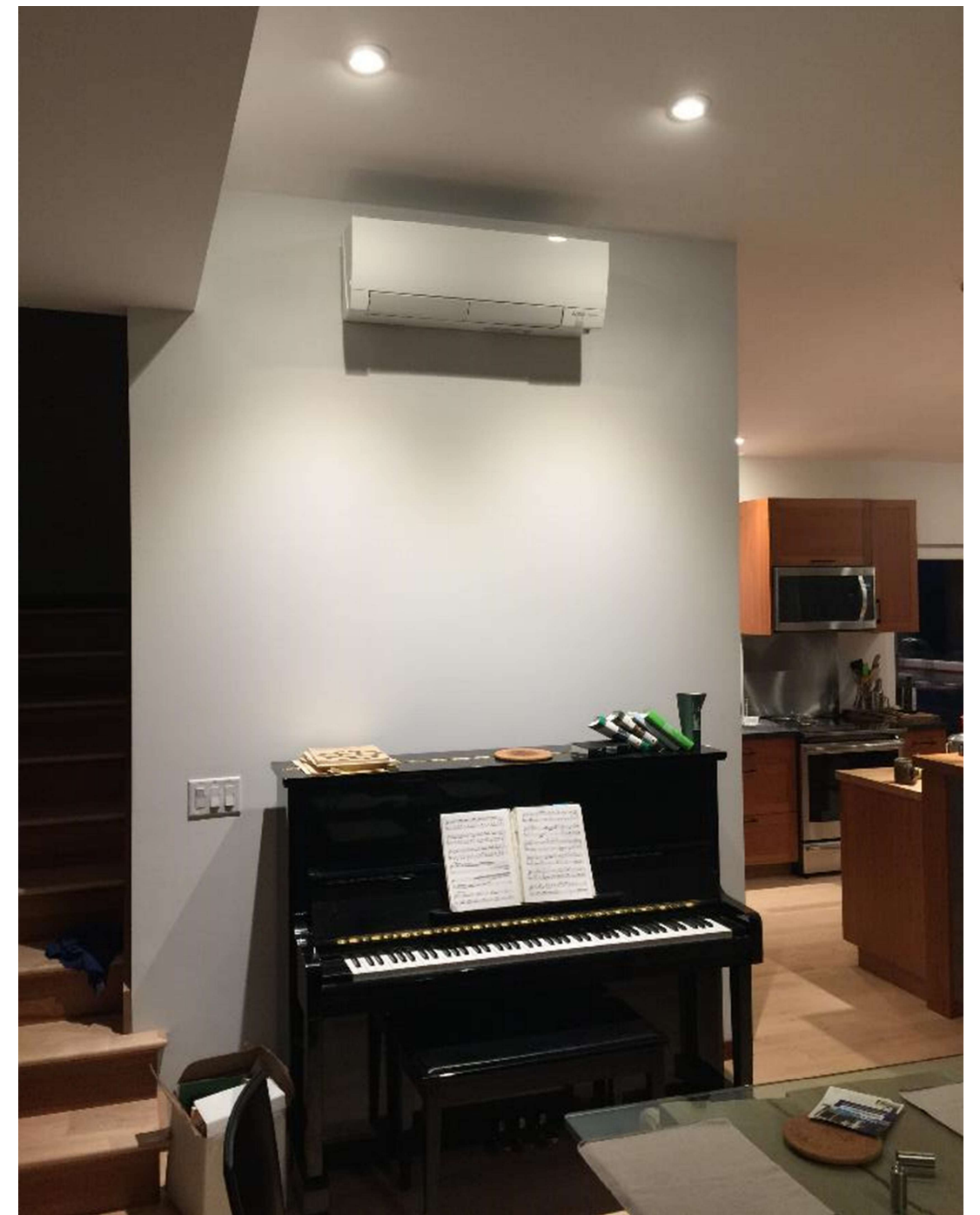




# DOOR SILL



# SYSTEMS



HEAT PUMP- wall hung in and out



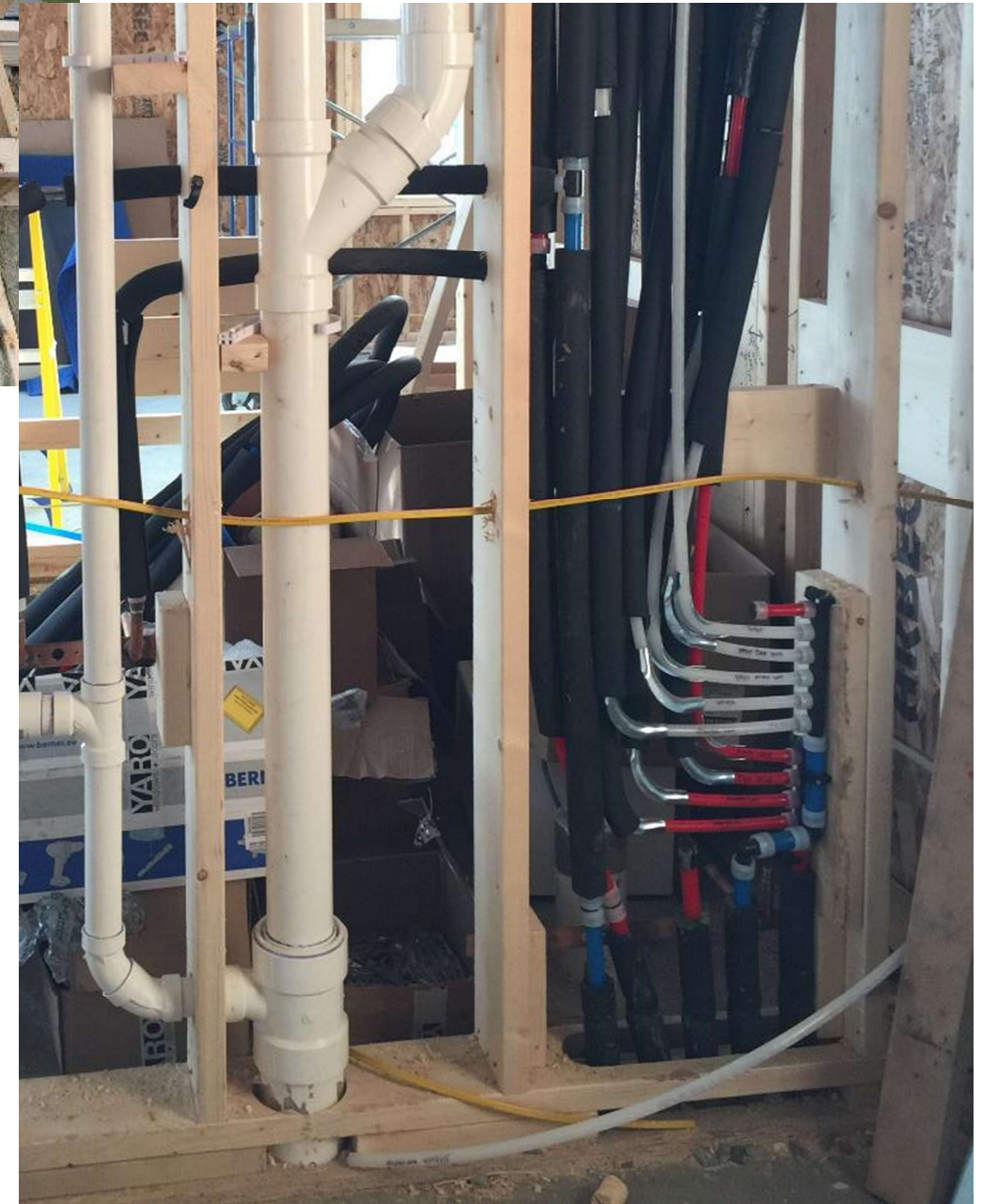


ZEHNDER ERV- by owner



# CHASE SPACE: make your life easier

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# WATER ROOM- DUCTED HEAT PUMP HWH



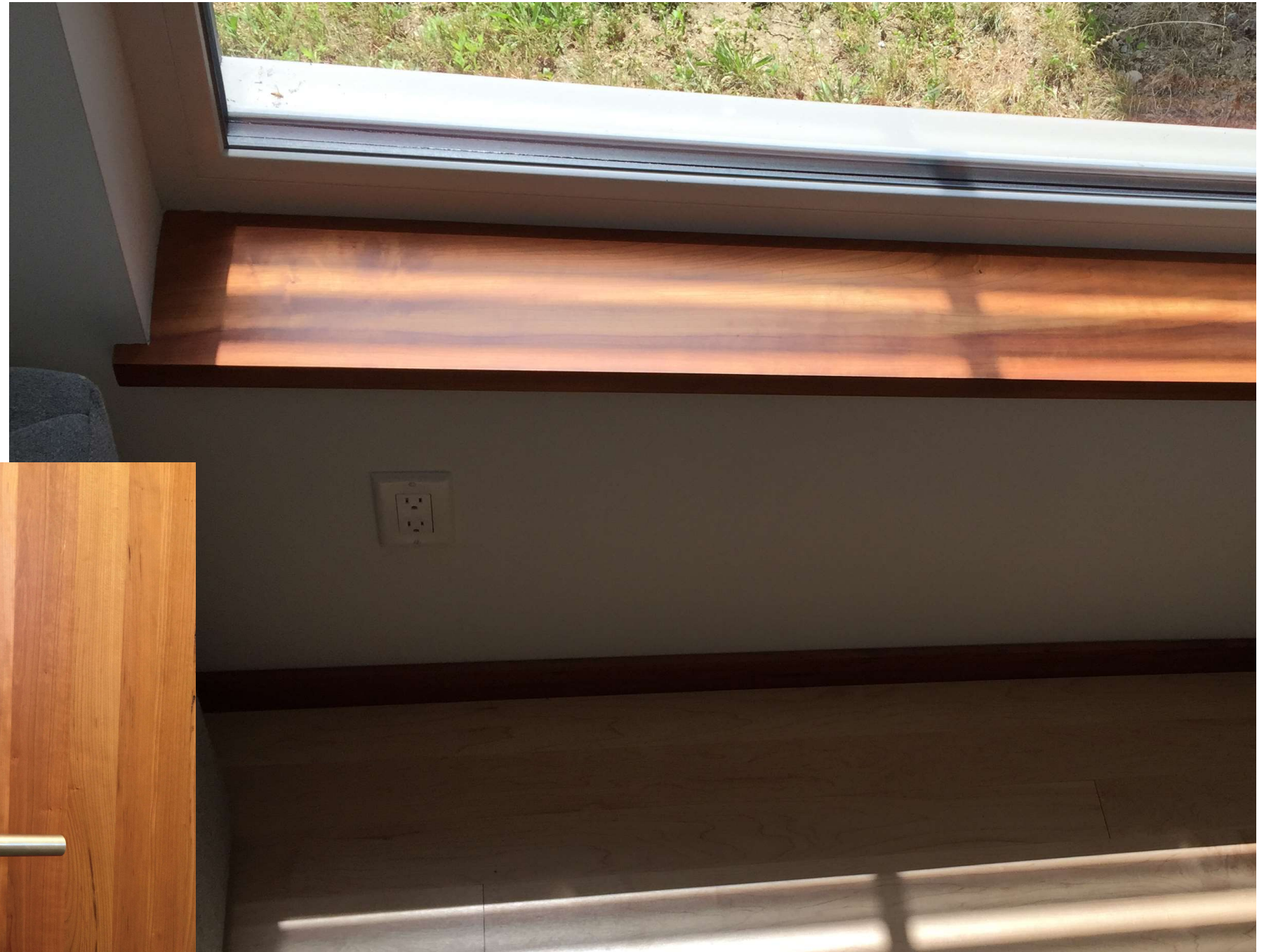


LIGHTING- lensed GIMBAL LED  
Nothing penetrating air/vapor membrane





# FINISHES: CHERRY





# LIVING IN IT —

## LESSONS LEARNED





# PERFORMANCE

2019

SOLAR POWER GENERATED: 11,350 kWh

TOTAL ENERGY USED: 9720 kWh

ENERGY FROM GRID: 6800 kWh

ENERGY USED FOR CHARGING CAR:

~3900 kWh

ENERGY USED FOR HOUSE WITH HEAT:

~5820 kWh, EUI= 9.5 kbtu/sf/yr

ENERGY USED FOR HEATING:

~2820 kWh, EUI= 4.6 kbtu/sf/yr

NET ADJUSTED EUI: -9.4 kBTU/sf-yr





# OBSERVATIONS AND LESSONS LEARNED

## COMFORT

HEAT PUMP- SET IT AND FORGET IT

ENJOY THE 5 DEGREE TEMP.  
DIFFERENCE BETWEEN MAIN LEVEL  
AND UPPER LEVEL BEDROOMS.

ERV- STABLE HUMIDITY- 40- 45%  
HUMIDITY ALL WINTER LONG

BELIEVE THE PHPP MODEL WHEN  
IT SAYS THE HOUSE WILL  
OVERHEAT

SO QUIET!!

REFRIGERATOR IS THE LOUDEST  
EQUIPMENT IN THE HOUSE

BARELY HEAR WIND AND RAIN  
UNLESS WINDOWS ARE OPEN





# OBSERVATIONS AND LESSONS LEARNED

## OWNER PERFORMED WORK

**CAUTION!** WE TOOK ON:

ZEHNDER INSTALL

TILED TUB SURROUND

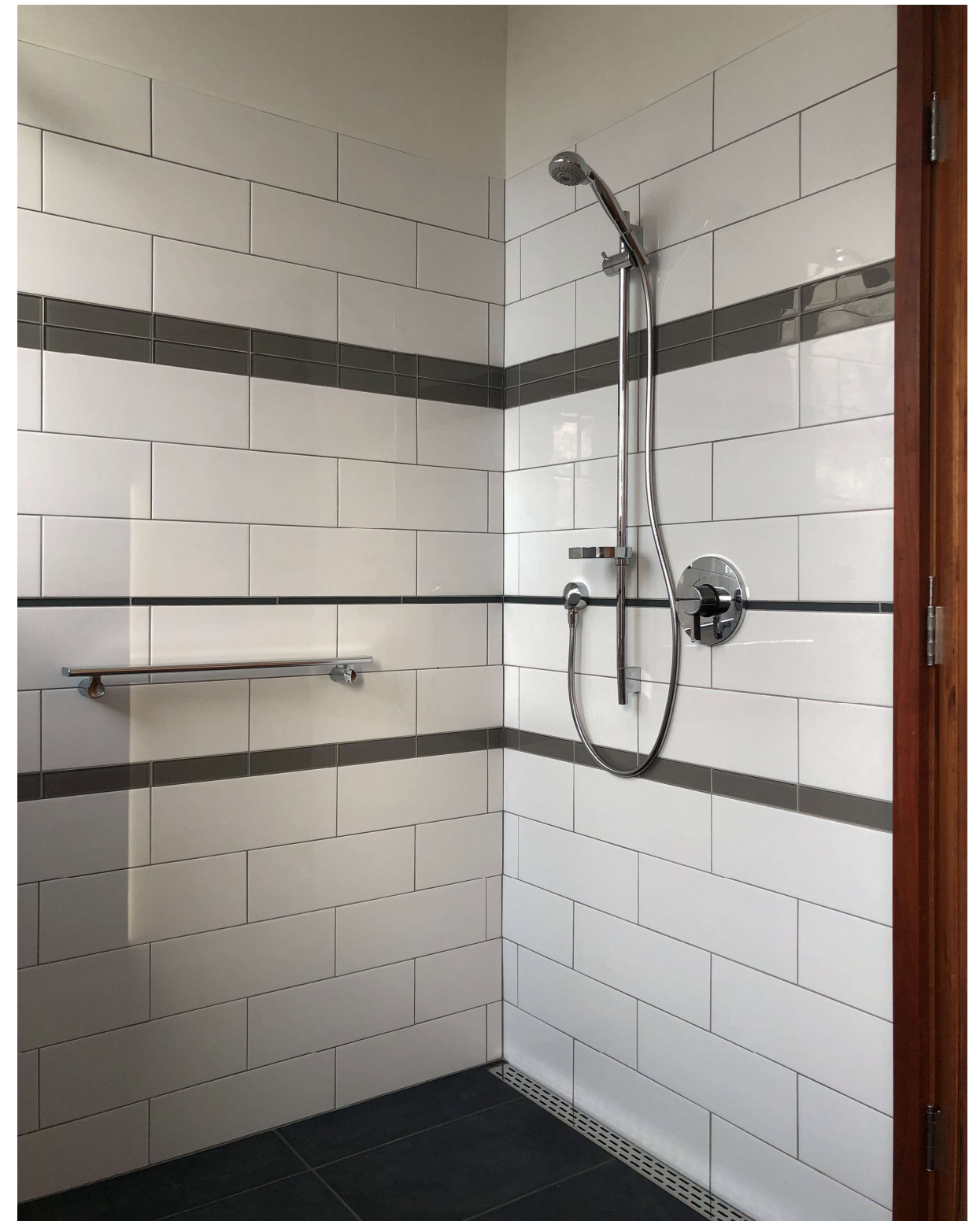
CORIAN MASTER BATH COUNTER

MASTER CLOSET SHELVING  
INSTALL

SHAPING AND FINISHING  
RAILINGS AND ISLAND SLAB

PATIO PAVERS INSTALL

TILED 3'X 6' SHOWER- BACKER  
AND TILE







## MOIST SITE- FOGGED/FROSTED WINDOW EXTERIORS



# OBSERVATIONS AND LESSONS LEARNED

ENJOY SERENDIPIDOUS  
DESIGN ACCIDENTS





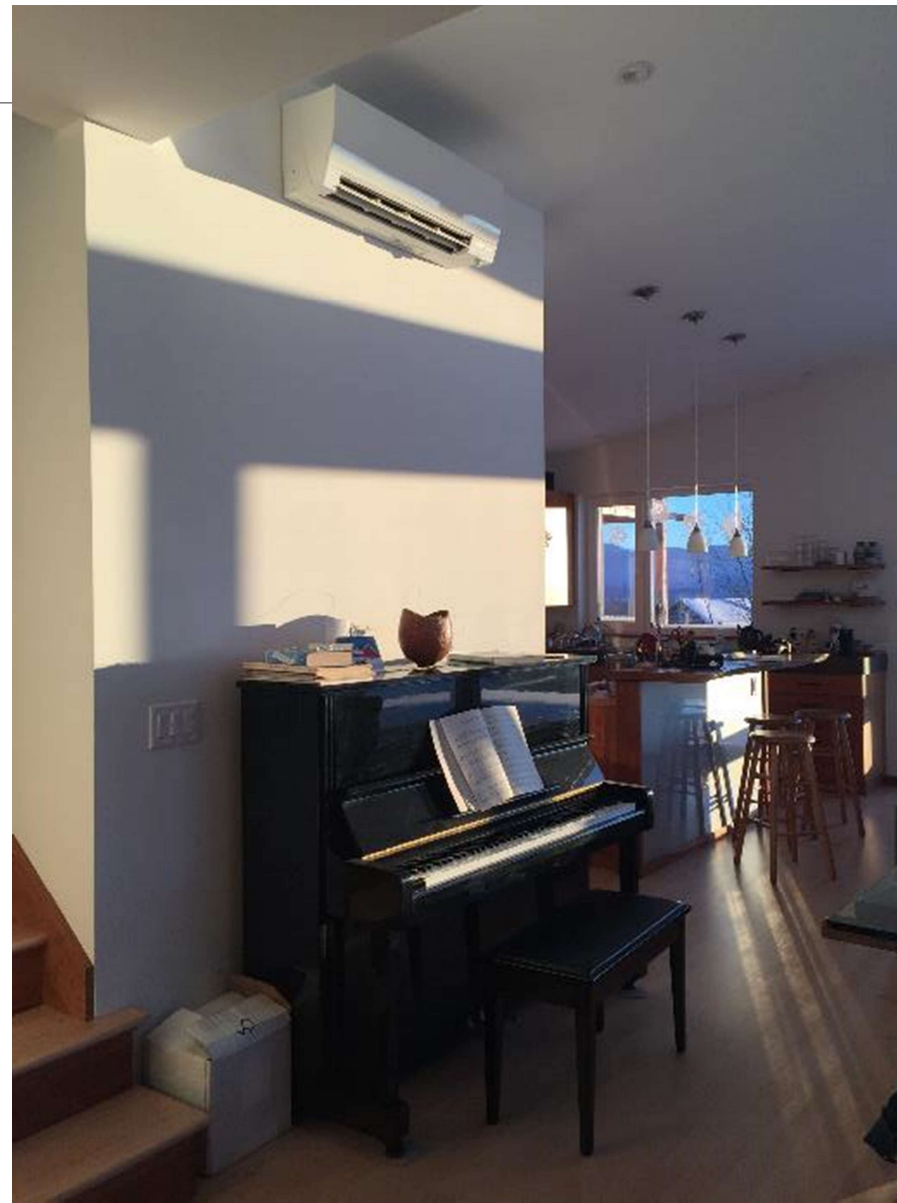
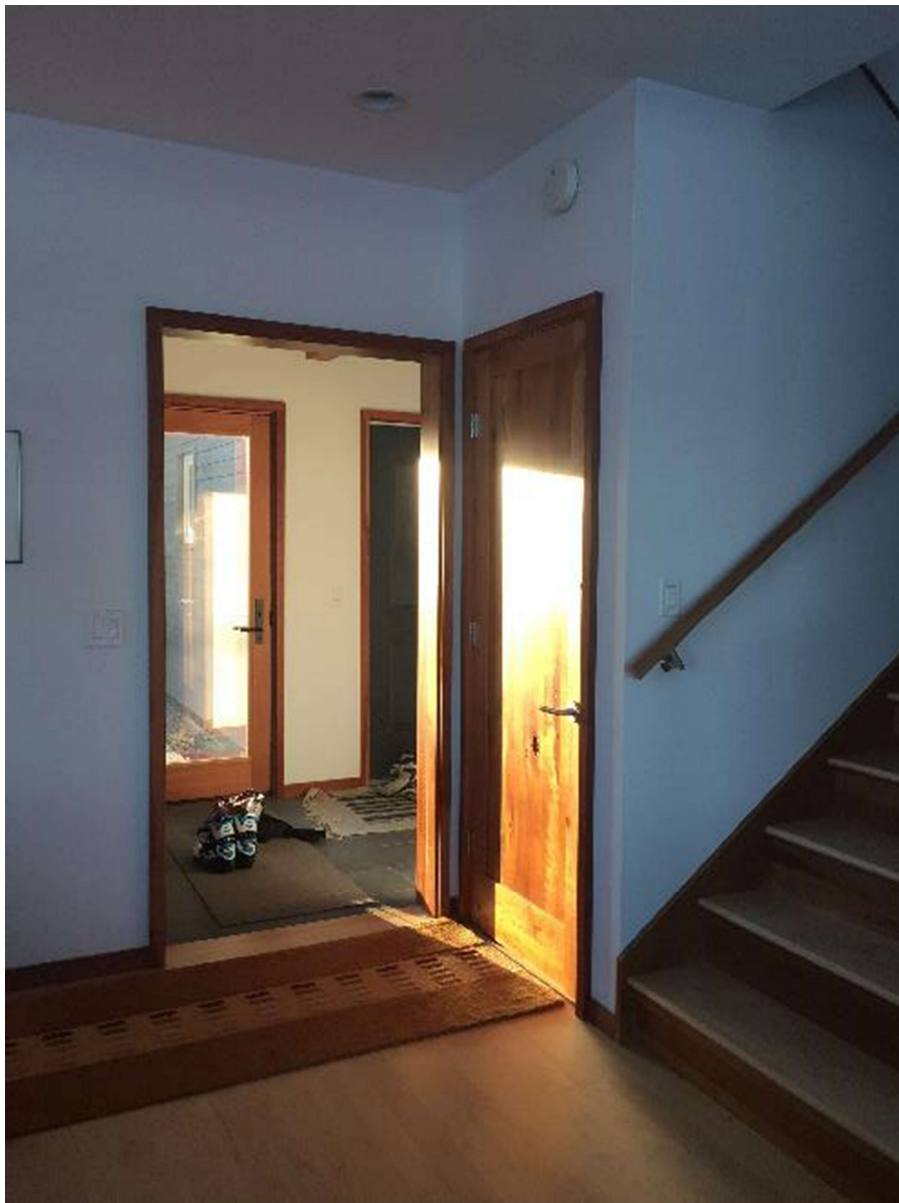
# UNEXPECTED PLEASURES: Great storage!

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# SUN- Path and Bounce





# Solar Shading works!



October 20



June 10



# FINAL THOUGHTS

LISTEN TO THE SITE

LISTEN TO THE CLIENTS

UNDERSTAND AND CLARIFY  
DREAMS AND PRIORITIES

CREATE BEAUTY

HIGH PERFORMANCE AND  
NET-ZERO READY NOW!



BETTER BUILDINGS BY DESIGN 2020

# THANK YOU!







# OBSERVATIONS AND LESSONS LEARNED

## UNEXPECTED TOXICS-

WOOL CARPET OFF-GASSING

TILE THIN-SET AND GROUT-  
BREATHING HAZARD

WATER TEST- HIGH GROSS ALPHA-  
REVERSE OSMOSIS FILTER

## POSITIVES:

CATALYZED LOW VOC POLYURETHANE  
HARDWOOD FLOOR FINISH

NATURAL HARD OIL FOR VERTICAL  
TRIM

MARMOLEUM- WARM UNDERFOOT

SHOP FINISHED SILLS WITH DULL RUB  
URETHANE- ONLY THING THAT STOOD  
UP TO WATER





# OBSERVATIONS AND LESSONS LEARNED

## BIG AND SMALL THINGS

CONSIDER MOVABLE EXTERIOR  
SHADING AT EAST AND WEST

HOUSE DOES NOT HOLD HEAT  
OF THE WINTER SUN- MORE  
THERMAL MASS

UNHEATED BIKE ROOM NEEDS  
VENTILATION TO CONTROL  
HUMIDITY

OWNER BEHAVIOR MATTERS AS  
MUCH AS ENVELOPE





## DRIFT LOADING AND WIND BLOWN SNOW





# FINISHES: CABINETRY





# BACKGROUND

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1995- Western MA house

A bit beyond Code building- 2x6 walls, extra insulation: R-60 cellulose in attic.

2008- VT Lake House- LEED Gold

Close to “High Performance”

2014- Passive House Training