



# **HEALTHY HOMES & HOME PERFORMANCE: MAKING THE HOMEOWNER CONNECTION**

Peter Troast, Founder & CEO, Energy Circle

Better Buildings by Design Conference, Efficiency VT

*February 6, 2020*

[peter@energycircle.com](mailto:peter@energycircle.com)

## **Founder/CEO of Energy Circle**

Linked In: Peter Troast

Twitter: @EnergyCircle

Facebook: Energy Circle

## **Volunteer/Pro Bono**

Building Performance Association  
Board Member

## **Webinar Series**

2X/month; BPI & NATE CEU's

# Energy Circle Sandbox

## Marketing & Lead Generation Services for 350+ Better Building Contracting Businesses

HVAC, Home Performance, Solar, Insulation, Auditors/Raters, Builders, Remodelers

**50 States, Canada  
& Countless Climate Zones**

**An Inside View of Many Business  
Models and Their Success**

**Deep Dataset on What is Making the Phone Ring**

**Our Mantra: More Successful Contractors = More Retrofits**

**~4 Years of Healthy Home Marketing Experiments**

# What We'll Discuss

- 1 The State of the Healthy Homes Opportunity**
- 2 Foundations of a Healthier Home Business Strategy**
- 3 Communication Strategies for the Healthier Home Customer Journey**



# My Optimism is Growing



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## Healthy Homes & Home Performance: WE HAVE NO BUSINESS MODEL - Part 1

 By [Peter Troast](#) | September 15, 2016

The nexus of healthy homes and home performance continues to be at the forefront of our industry's hope for the future. But, for all the cheery prognostication ([including my own](#)), serious effort by smart people, real progress on credentialing, and general optimism, we are failing to focus on the key issue: how is the "healthy home" concept a viable business model for the home performance industry?

With each passing day, I see signs that we are losing the market. When a magazine as mainstream as [Vogue links poor indoor air quality with bad skin](#), you'd think we could take a victory lap. But the fix, according to that article, is simple: install a shiny Dyson Pure Cool Link -- a sexy fan/filtration device that solves all problems -- for a mere \$499. No home upgrades needed.



# **THE HEALTHY HOMES TREND**

(this wave ever gonna break?)

Opinion

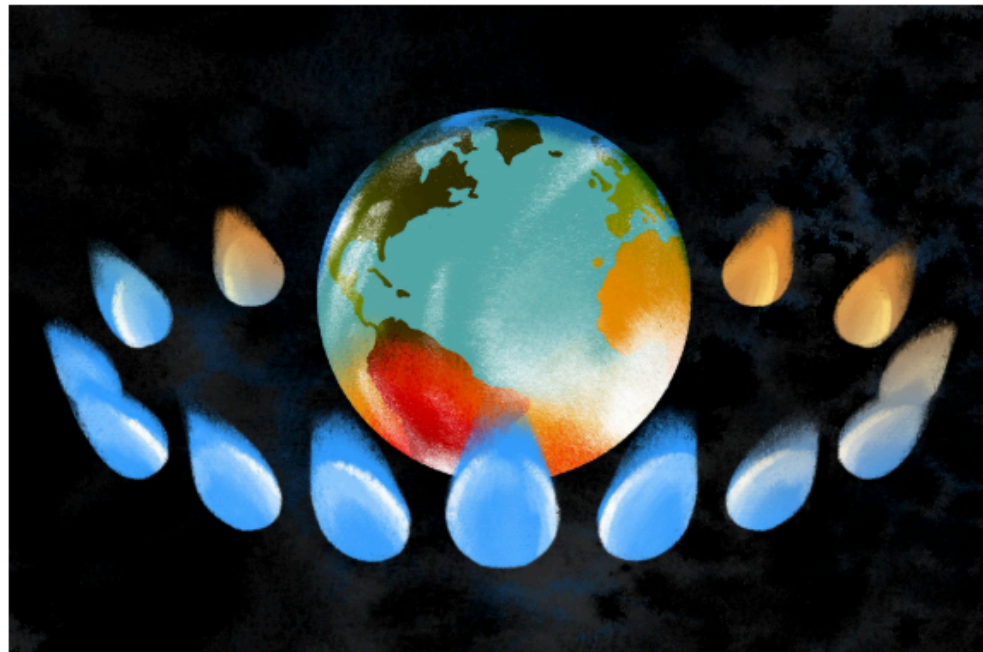
# Your Gas Stove Is Bad for You and the Planet

To help solve the climate crisis, we need to electrify everything.

By **Justin Gillis** and **Bruce Nilles**

Mr. Gillis is a former New York Times environmental reporter and a contributing opinion writer. Mr. Nilles is a managing director at Rocky Mountain Institute.

May 1, 2019



Angie Wang

OAKLAND, Calif. — We have some good news that sounds like bad news: Your gas stove has to go.



**Elon Musk** ✓

@elonmusk



Follow

Filtering particulates from air makes a significant & measurable diff to health. Wd like to credit Larry Page with turning me on to this.

RETWEETS

**1,430**

LIKES

**5,428**



1:34 PM - 2 May 2016



1.4K



5.4K





BEAUTY &gt; HEALTH &amp; FITNESS

# Is the Air in Your Home Affecting Your Health? How to Reduce Indoor Pollution

MAY 17, 2016 7:10 PM  
by LAURA REGENSDORF



Photographed by Mario Testino, *Vogue*, February 2015



Pollution is increasingly—and rightfully—on people’s minds lately, as seen in the host of new products addressing its negative effects on the skin and the troubling smog levels in cities like Beijing. But only recently did I start thinking more seriously about the air quality inside the home, after a pair of prolific chain-



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What's your  
body made for?  
**#ThisBody**

LANE BRYANT



**BUT WHO IS WINNING?**





BEAUTY &gt; HEALTH &amp; FITNESS

# Is the Air in Your Home Affecting Your Health? How to Reduce Indoor Pollution

MAY 17, 2016 7:10 PM  
by LAURA REGENSDORF



VOGUE VIP

Introducing the first  
members-only program  
from Vogue

JOIN NOW

Fortunately for those of us who value space and aesthetics, Dyson has just unveiled a svelte new model, the Dyson Pure Cool Link, equipped with feedback sensors that connect to your smartphone.



Photographed by Mario Testino, *Vogue*, February 2015



LANE BRYANT



Pollution is increasingly—and rightfully—on people's minds lately, as seen in the host of new products addressing its negative effects on the skin and the troubling smog levels in cities like Beijing. But only recently did I start thinking more seriously about the air quality inside the home, after a pair of prolific chain-



**Elon Musk** ✓

@elonmusk



Follow

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LIKES

5,428



1:34 PM - 2 May 2016



1.4K



5.4K



Reply to @elonmusk



**Dyson** @Dyson · May 2

@elonmusk We agree. That's why we've developed Pure Cool Link:  
[dyson.com/air-treatment/...](https://www.dyson.com/air-treatment/) Automatically monitors, reacts and purifies via app.



6



21







**\$499**

# Came for Efficiency. Saved a Kid.

LOVE OUR HOME!!! There just aren't enough good words to express what Energy Docs has done for us! For the first time since owning this home we have a PG&E bill that is less than \$1500, even less than \$300!!! and for the first time in 12 years our son has made it through his first December without a trip to the hospital because our air quality is so much better! This project has improved our lives in more ways than we could have imagined. Thank You So Much

Unlike · Comment · Tuesday at 9:42pm



You like this.

# The Chasm



# The Lens I See Through

1

*Our challenge = how to connect consumer demand for healthy homes with private market opportunities for home performance improvement*



# The Lens I See Through

1

*Our challenge = how to connect consumer demand for healthy homes with private market opportunities for home performance (new & retrofit)*



2

*Success = when quality performance contracting companies convert the growing demand for healthy homes to new homes and whole house jobs AT SCALE*



# Learning from Mother Google



indoor air q



indoor air **quality**  
indoor air **quality testing**  
indoor air **quality monitor**  
indoor air **quality association**

Press Enter to search.

● what causes asthma  
Search term

+ Compare

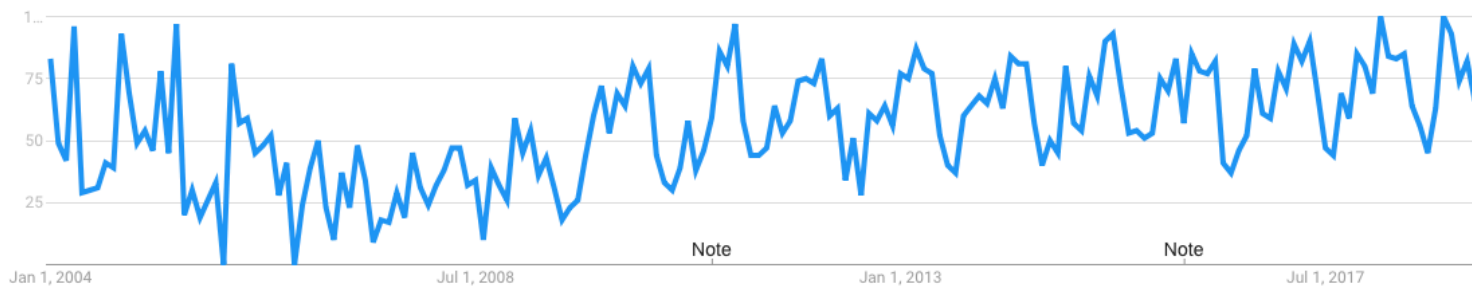
United States ▼

2004 - present ▼

All categories ▼

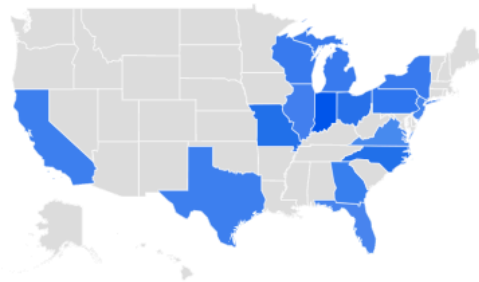
Web Search ▼

Interest over time ?



Interest by subregion ?

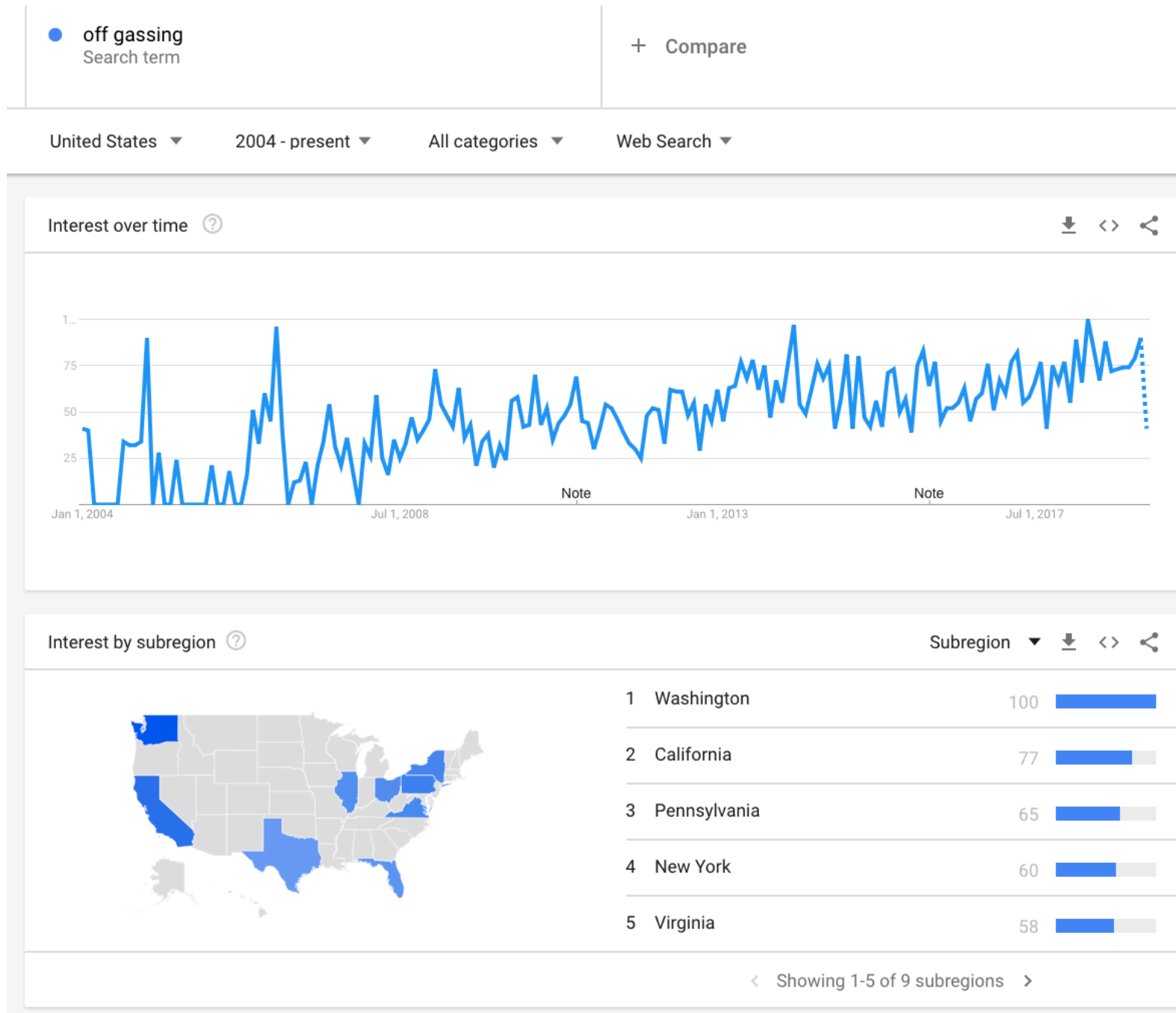
Subregion ▼



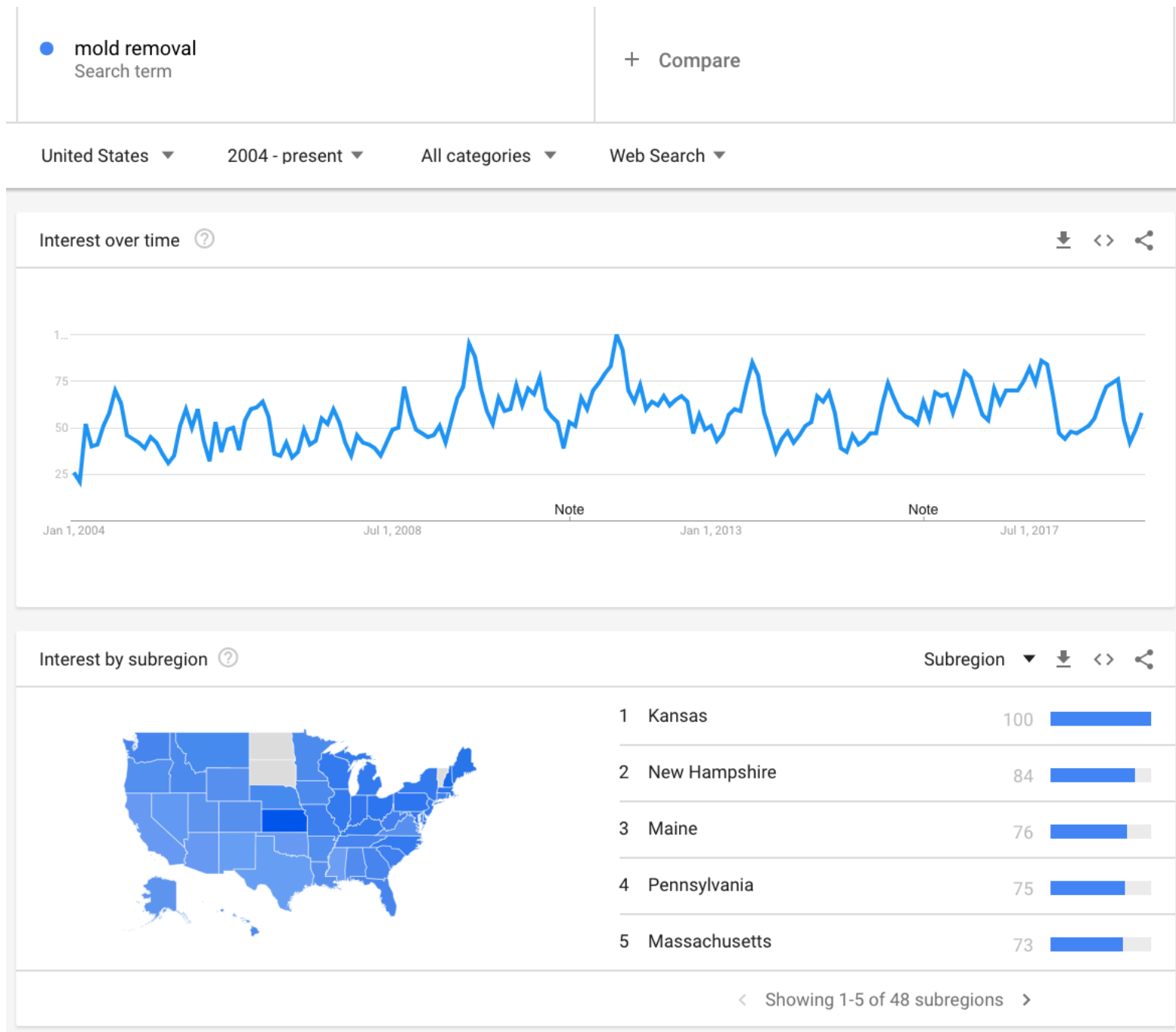
1	Indiana	100	<div></div>
2	Missouri	80	<div></div>
3	North Carolina	79	<div></div>
4	Ohio	77	<div></div>
5	Pennsylvania	75	<div></div>

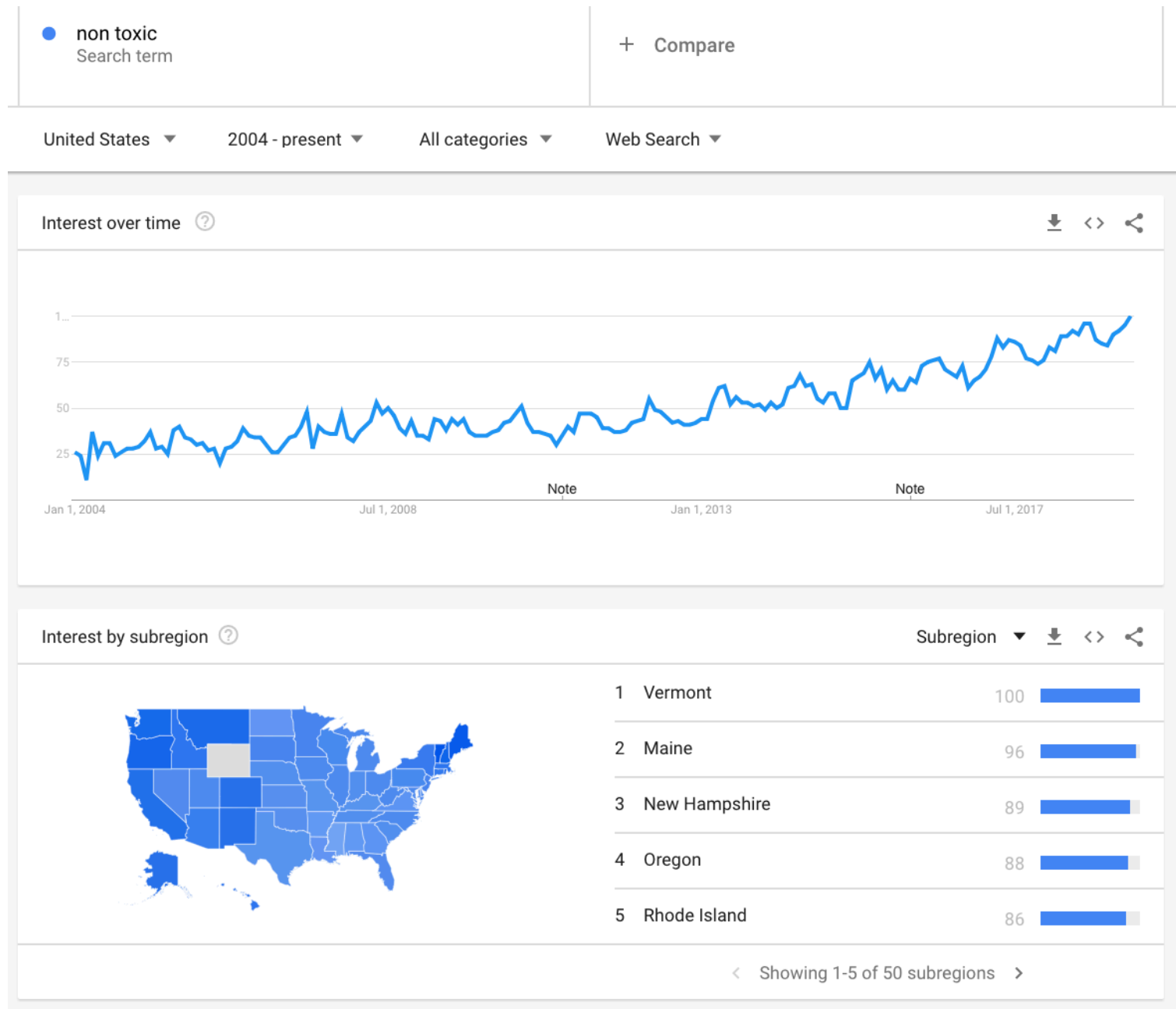
< Showing 1-5 of 15 subregions >





Google Trends, February 12, 2019

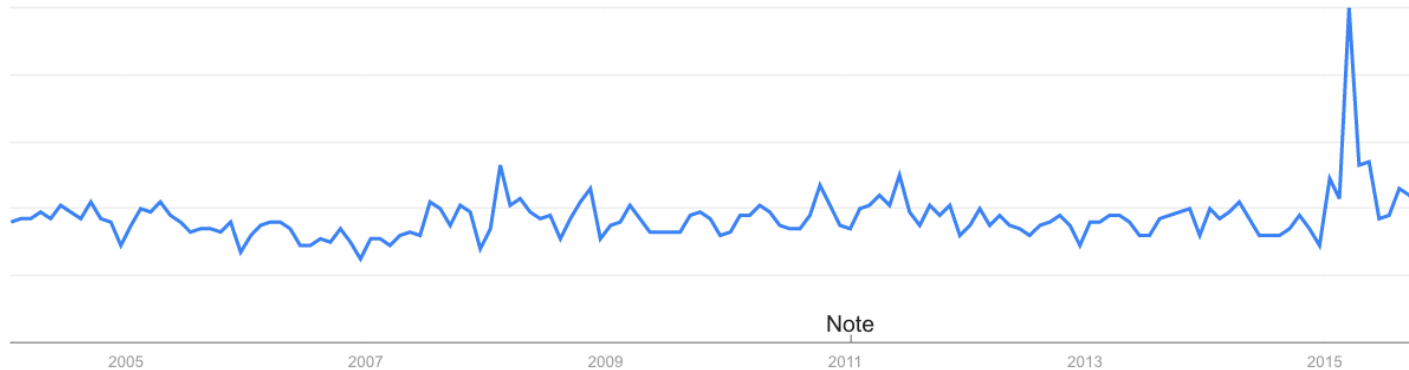




Google Trends, February 12, 2019

## Interest over time ?

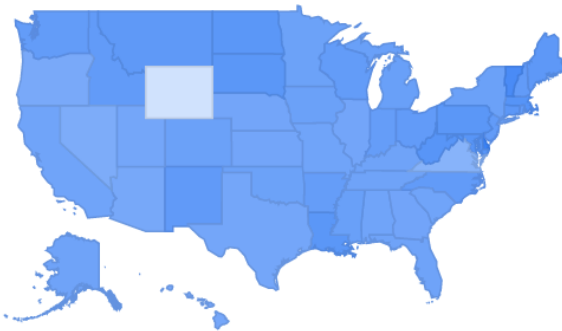
☐ News headlines ☐ Forecast ?



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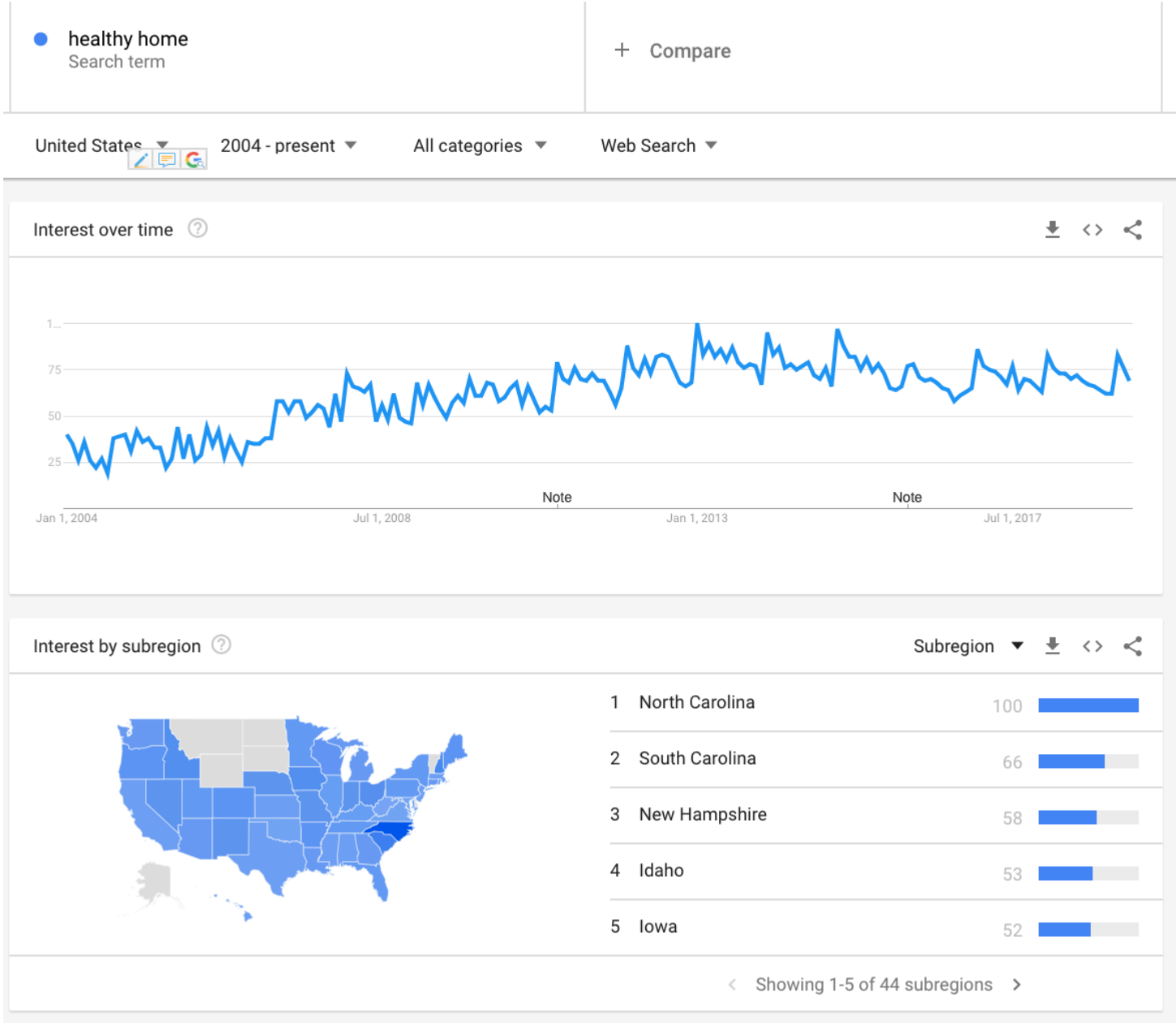
## Regional interest ?

Worldwide > United States

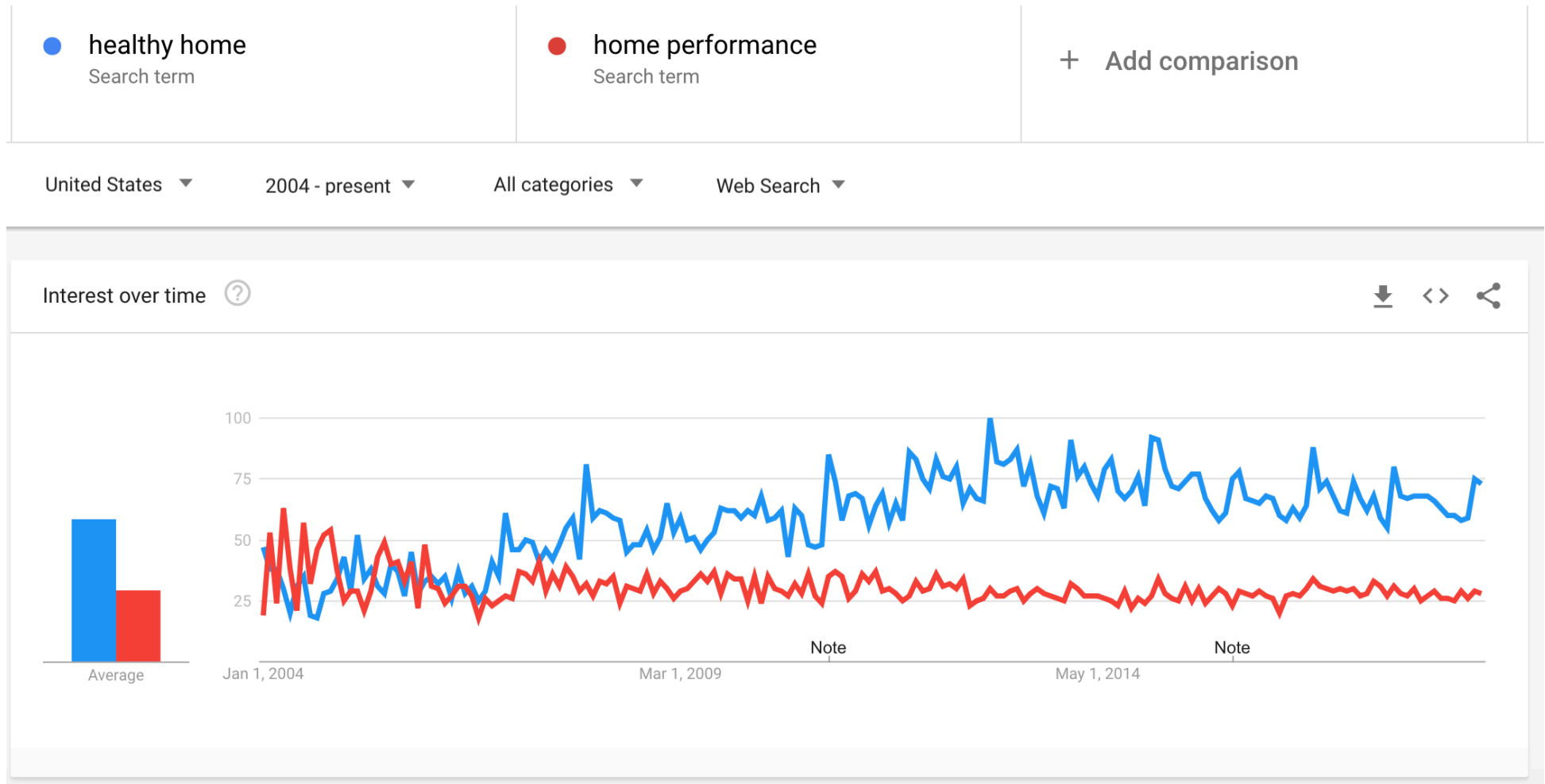


Subregion | Metro | City

Delaware	100	<div></div>
Vermont	90	<div></div>
Massachusetts	82	<div></div>
West Virginia	81	<div></div>
Maryland	81	<div></div>
Pennsylvania	79	<div></div>

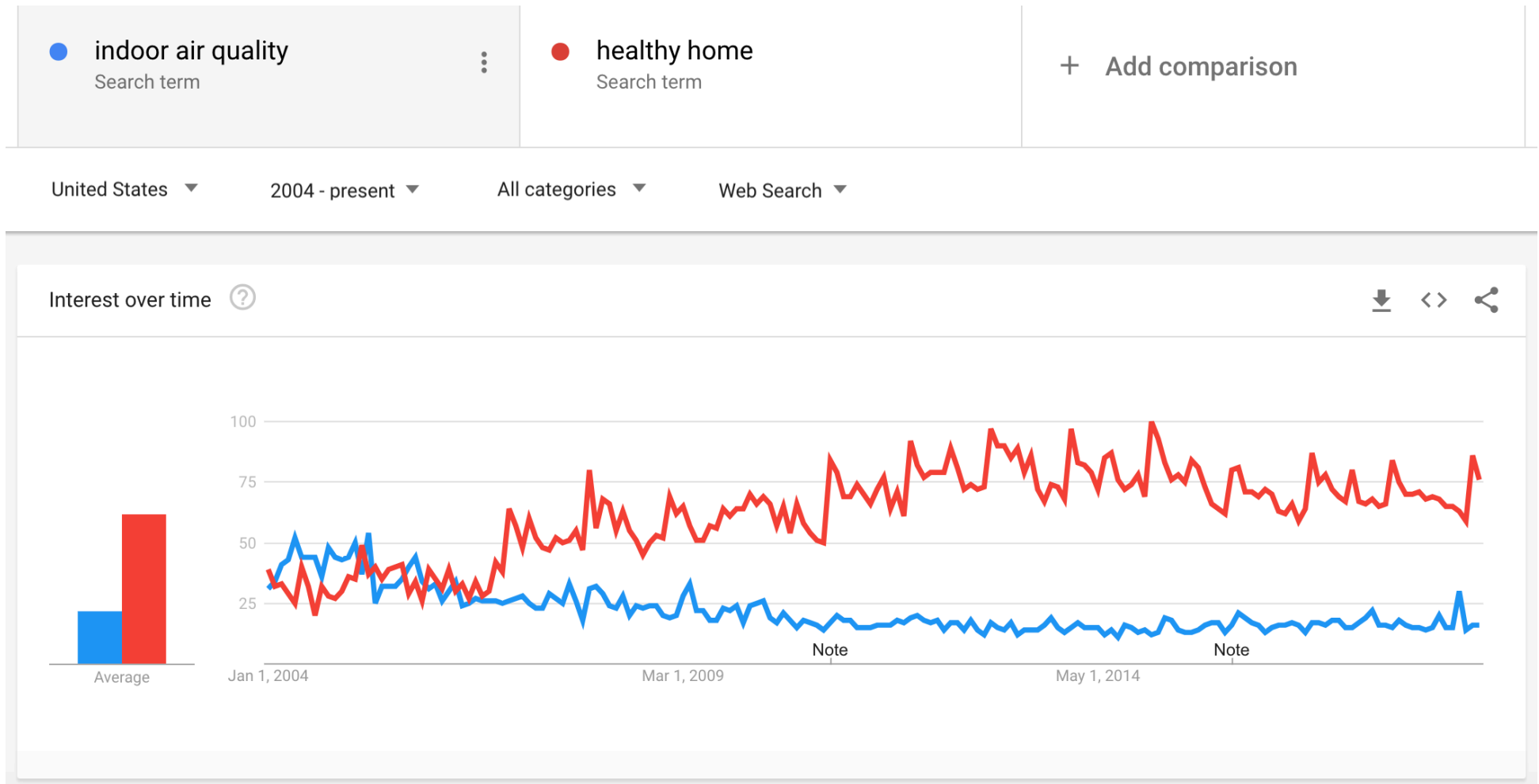


# Healthy Home vs Home Performance



Google Trends, February 12, 2019

# Healthy Home vs IAQ



Google Trends, February 12, 2019

RESEARCH BRIEF

IMPROVING  
AMERICA'S HOUSING

# Healthy Home Remodeling: Consumer Trends and Contractor Preparedness

JANUARY 2019 | ELIZABETH LA JEUNESSE



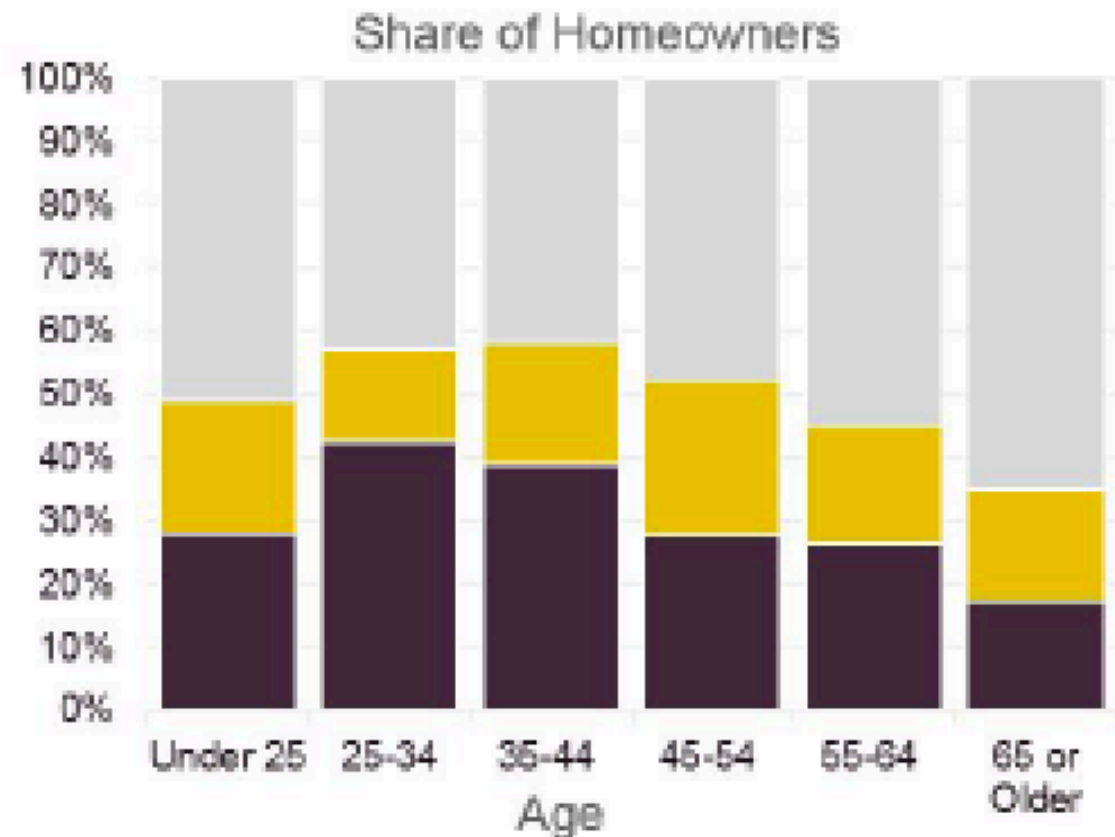
JCHS  JOINT CENTER FOR  
HOUSING STUDIES  
OF HARVARD UNIVERSITY

**n = 2469**  
**Summer 2018**



**FIGURE 3: HEALTHY HOUSING CONCERNS ARE HIGHEST IN EARLY-MIDDLE AGES, ESPECIALLY AMONG OWNERS**

IN THE PAST FEW YEARS, HOW CONCERNED HAVE YOU BEEN ABOUT YOUR CURRENT HOME NEGATIVELY AFFECTING YOUR OR ANOTHER OCCUPANT'S HEALTH?



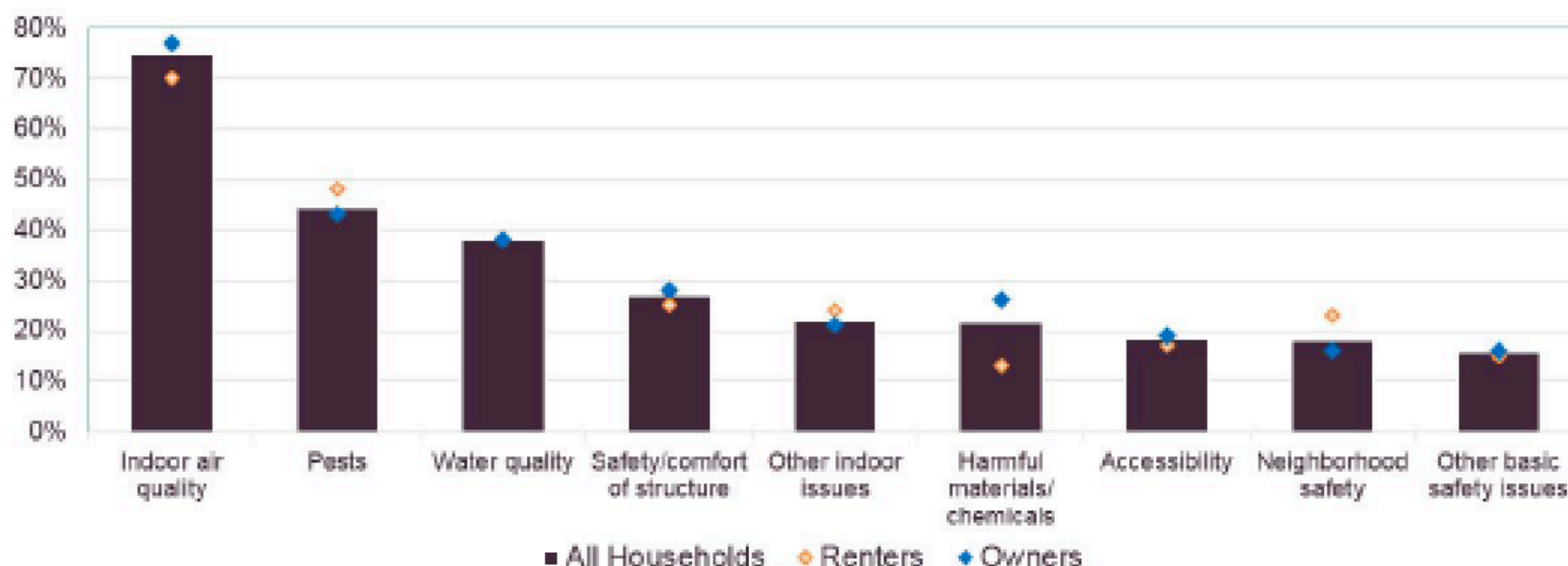
### Specific Concerns & Suspected Risks

*Note:* Out of a sample of 1,751 homeowners and 718 renters.

*Source:* Farnsworth Group and Joint Center Healthy Homes Surveys, August 2018.

**FIGURE 4: INDOOR AIR QUALITY, PESTS, AND WATER QUALITY ISSUES TOP LIST OF CONCERNS ABOUT THE IMPACT OF HOME ON HEALTH**

**WHICH CATEGORY OR CATEGORIES BEST DESCRIBE YOUR CONCERN ABOUT THE IMPACT OF YOUR HOME ON YOUR HOUSEHOLD'S HEALTH?**

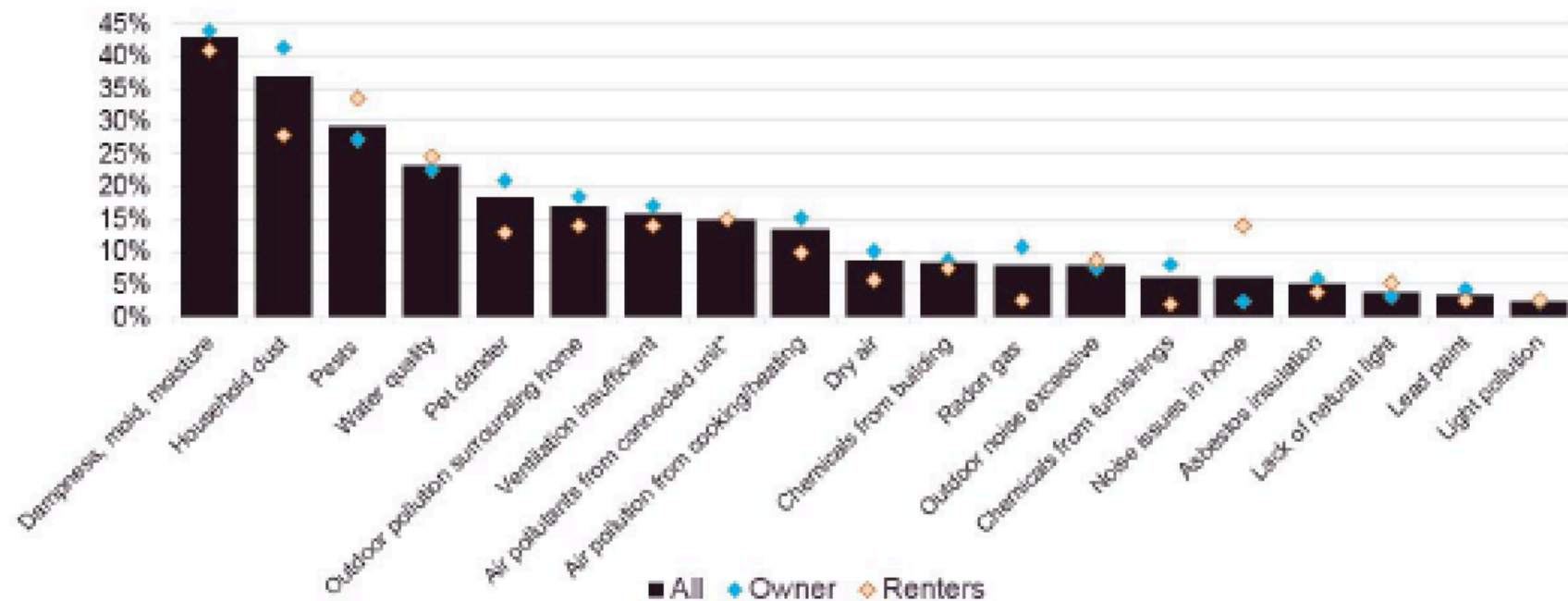


Note: Out of a sample of 501 homeowners and 250 renters concerned about specific healthy housing issues.

Source: Farnsworth Group and Joint Center Healthy Homes Surveys, August 2018.

**FIGURE 5: DAMPNES/MOLD, HOUSEHOLD DUST, PESTS TOP LIST OF CONCERNS ABOUT INDOOR ENVIRONMENTAL QUALITY ISSUES**

**INDOOR ENVIRONMENTAL QUALITY ISSUES THAT GENERATED THE MOST CONCERN**



*Notes:* Out of a sample of 493 homeowners and 266 renters concerned about indoor environmental quality issues (i.e., issues other than accessibility and basic physical safety). Households were asked, "Among the healthy home issues that concerned your household, please select up to three of them that generated the most concern." (\*) denotes that the question was not asked of homeowners.

*Sources:* Farnsworth Group and Joint Center Healthy Homes Surveys, August 2018.



# **A LITTLE BIT OF FIRST PARTY DATA**

(caution: still limited sample sizes)

# Healthy Home Terms “Potential”

## **Volume**

how often searched for

## **Opportunity**

estimated click-through rate

## **Difficulty**

of ranking ahead of competition

=

## **Potential**

combined metrics; sweet spot

# Healthy Home Terms “Potential”

## Volume

how often searched for

## Opportunity

estimated click-through rate

## Difficulty

of ranking ahead of competition

=

## Potential

combined metrics; sweet spot

mold testing	75
air quality testing	70
home air quality test	66
indoor air quality	63
air quality test	58
blower door test	57
indoor air pollution	54
healthy home	54
volatile organic	53
vocs	52
indoor pollution	47
indoor air pollutants	45
healthy home tips	40
contaminants/	31
home air health	25
allergies & asthma	20

# Top 25 (based on Click Through Rates)

indoor air quality standards  
the best humidity level for home  
air quality inspector  
air quality inspection  
what is the best level of humidity in a home  
how to test indoor air quality  
what is the best humidity level for your home  
normal humidity levels in a home  
home humidity levels chart  
measuring air quality  
what causes moisture in a house  
what is a good humidity level in a home  
how to get rid of dust in home  
symptoms of mold in home  
what is good humidity level for home  
what is the optimum humidity level for a home  
air quality check  
indoor air quality company  
how to find mold in your home  
home air quality testing  
what is the best humidity level for home  
ideal humidity level for home

# Top 25 (based on Click Through Rates)

## **indoor air quality standards**

the best humidity level for home

## **air quality inspector**

## **air quality inspection**

what is the best level of humidity in a home

## **how to test indoor air quality**

what is the best humidity level for your home

normal humidity levels in a home

home humidity levels chart

## **measuring air quality**

what causes moisture in a house

what is a good humidity level in a home

how to get rid of dust in home

symptoms of mold in home

what is good humidity level for home

what is the optimum humidity level for a home

## **air quality check**

## **indoor air quality company**

how to find mold in your home

## **home air quality testing**

what is the best humidity level for home

## **ideal humidity level for home**



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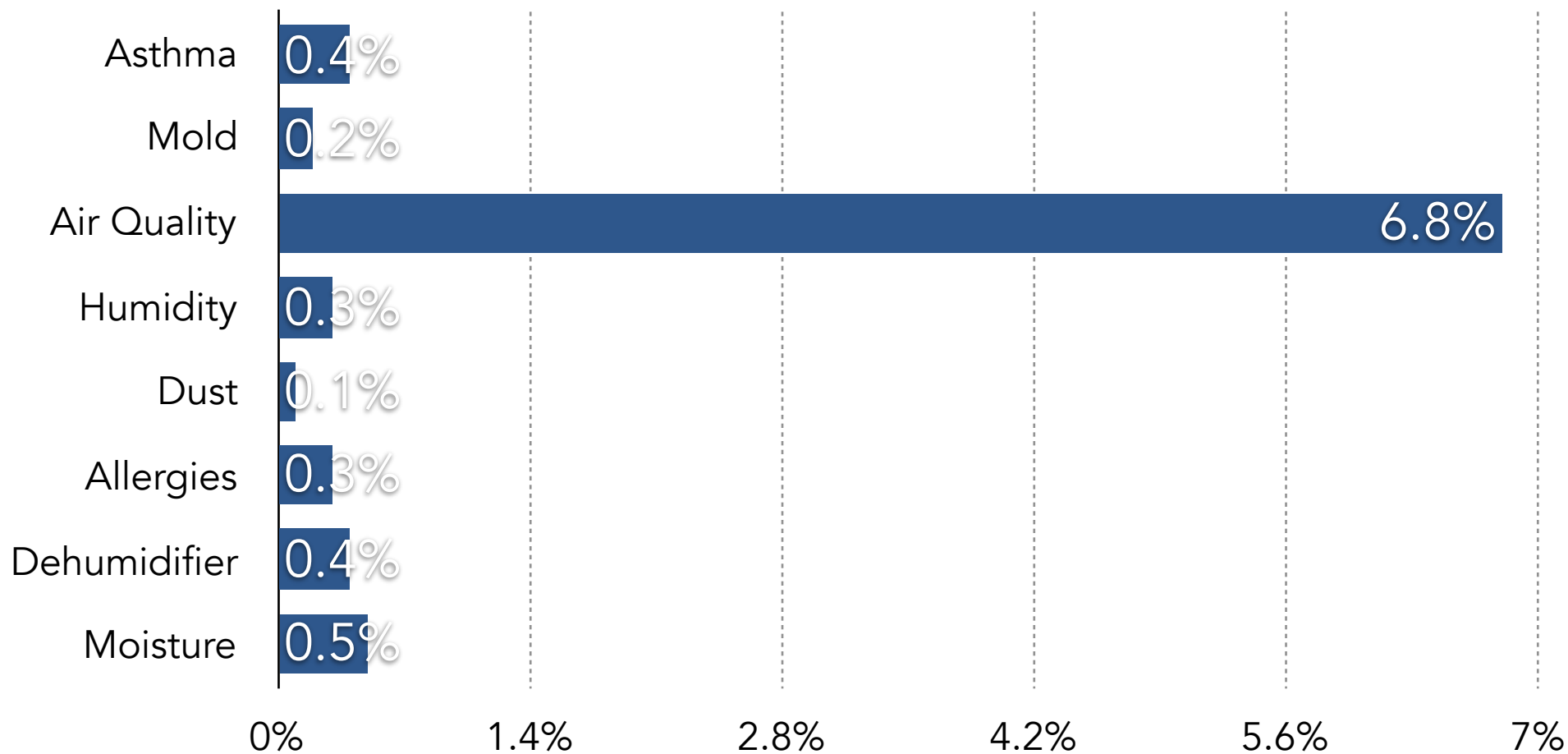
how to find mold in your home

home air quality testing

**what is the best humidity level for home**

**ideal humidity level for home**

# Conversion Rates (to Leads)





1

**NOBODY  
CONNECTS HEALTH ISSUES  
WITH THEIR HOME  
ENVIRONMENT**



2

**EVERYBODY  
WANTS TO FIRST START  
WITH A TEST**

# The Chasm





# **FOUNDATIONS OF A HEALTHIER HOME BUSINESS & MARKETING STRATEGY**

# Pathway to Meaningful Business



## **DIAGNOSTIC PROCESS**

- **Standard Energy Audit +  
IAQ**
- **Air Visual PRO or other  
Monitoring Device?**



# Pathway to Meaningful Business

## **1** **DIAGNOSTIC PROCESS**

- **Standard Energy Audit + IAQ**
- **Air Visual PRO or other Monitoring Device?**

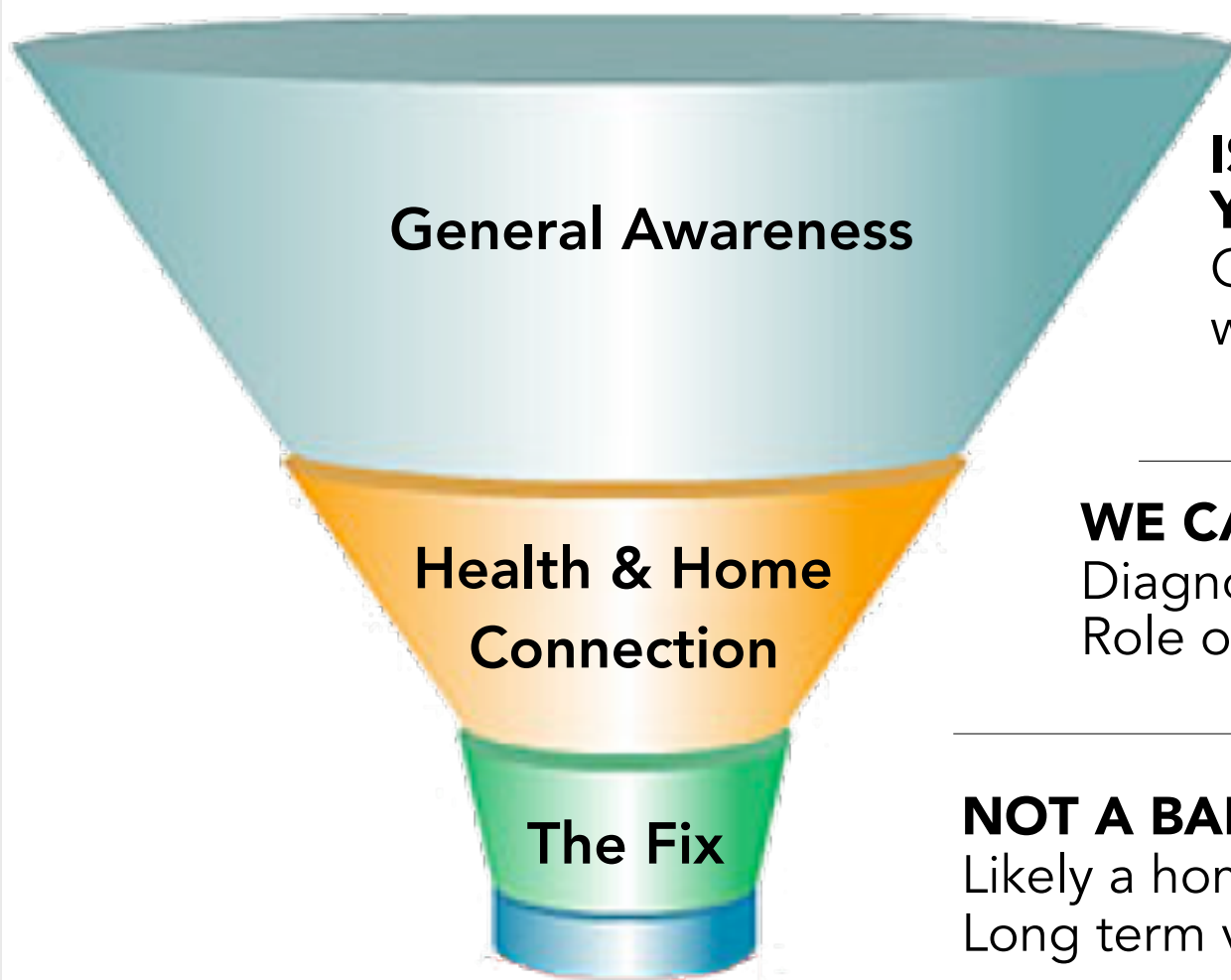
## **2** **MEASURES WITH BUSINESS VALUE**

- **Envelope Control (air leakage)**
- **Whole House Ventilation**
- **Crawlspace Encapsulation**
- **Duct cleaning and sealing**
- **Moisture Control**
- **Equipment Replacement**



# **THE HEALTHIER HOME CUSTOMER JOURNEY**

# Healthier Homes Customer Journey



## **IS YOUR HOUSE MAKING YOU SICK?**

Connecting Health Concerns with the Home Environment

---

## **WE CAN ANSWER THAT QUESTION**

Diagnostic Process  
Role of the Building

---

## **NOT A BAND-AID SOLUTION**

Likely a home improvement job  
Long term vs short term fix



Claim your \$250 off per zone, up to \$1000, on a brand new Mitsubishi Electric Heat Pump System!



**Healthy Home**  
Energy & Consulting, Inc.

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ENERGY AUDITS

INSULATION & AIR SEALING

INDOOR AIR QUALITY

HEATING & COOLING

WINDOWS & DOORS

SOLAR POWER



## Take back the indoor air quality of your home!

*Is your home's air healthy?*

[GET STARTED!](#)

## Ready to reduce your home's energy consumption?

Sign up for a no-cost home energy assessment! 914-810-6251

Name \*

Phone \*

Email \*

[LEARN MORE](#)



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# Fully Committed Master Brand



Breathe Easy Home



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Call today! 855-I-FEEL-BETTER (855 – 433 – 3523)

ABOUT

WE CAN HELP

HOW IT WORKS

WHY IT WORKS

IAQ TESTING

BLOG

VIDEO

CONTACT



## Home Improvements for Allergies, Asthma and Better Health

WE CAN HELP



## The Ultimate Indoor Air Quality System

Breathe Easy Home's Indoor Air Quality System removes allergy and asthma triggers, and other irritants and pollutants, from your home's indoor environment. We make structural improvements that are more effective than store-bought air purifiers, filter upgrades, HEPA vacuums, or bedding wraps.

You'll feel better with healthier air.



Leading the way in  
non-toxic home  
construction &  
renovations



# Fear is Good Marketing

## Health Symptoms

*The symptoms most commonly reported by those affected by a "sick house" are many and varied, depending on the sensitivity of the person and the severity of the issues in the home. These are only a few of the more common symptoms.*



### EMOTIONAL CHANGES

- Mood changes, feeling agitated or depressed.



### RESPIRATORY CHANGES

- Sinus congestion.
- Coughing or shortness of breath.
- Need to increase use of asthma inhaler or other medications.



### COGNITIVE CHANGES

- Frequent headaches.
- Foggy thinking, difficult to make decisions.
- Sleep disturbance (can't sleep, can't wake up).
- Short term memory loss.



### OTHER PHYSICAL ISSUES

- Stomach discomfort.
- Muscles and joints hurt, making exercise difficult.
- Extreme fatigue, feel weak and lethargic.
- Always feeling sick (too many colds).
- Skin Rashes.
- Night Sweats.
- Heart racing or palpitations.



## Is Your House Making You Sick?

Posted on [March 30, 2017](#) by [Dana Sundblad](#)

The symptoms most commonly reported by those affected by a "sick house" are many and varied, depending on the sensitivity of the person and the severity of the issues in the home. Common symptoms usually fall into a few broad categories:

- Respiratory Symptoms – congestion, aggravated asthma or allergies, sinus infections
- Cognitive Issues – foggy thinking, sleep disturbance, frequent headaches
- Emotional Changes – feeling agitated or depressed
- Physical Symptoms – stomach discomfort, muscle aches, fatigue, rashes, sore throat



# IMPROVE YOUR HOME'S INDOOR AIR QUALITY & AVOID ALLERGIES

Did you know that about half of all allergies are triggered by poor indoor air quality? Reduce allergy and asthma symptoms by improving your home's IAQ.

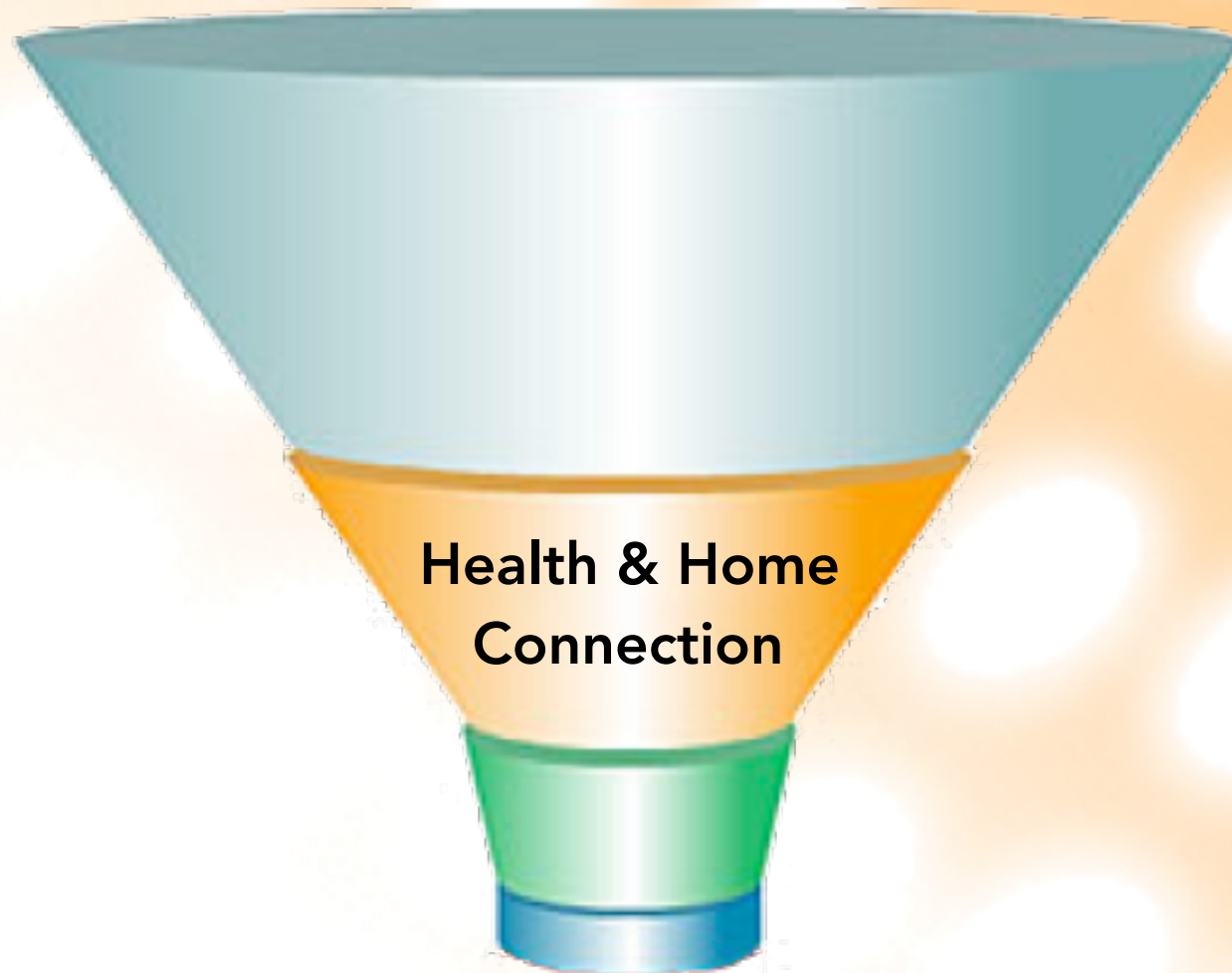
## WHAT'S CAUSING ALLERGIES IN YOUR HOME?



## WHAT CAN YOU DO TO IMPROVE YOUR HOME'S INDOOR AIR QUALITY?

- 1. VENT EXCESS MOISTURE**  
Air sealing and insulation can both help to reduce moisture infiltration.
- 2. REDUCE HUMIDITY LEVELS**  
Avoid potential mold growth by keeping your home's humidity levels between 30-50%.
- 3. CLEAN OFTEN**  
Wash your bedding and vacuum your carpets on a regular basis to reduce buildup of dust/debris.
- 4. CUT BACK ON CHEMICALS**  
Make sure to clean using natural products to avoid introducing dangerous VOCs into your home's air.
- 5. MAINTAIN YOUR HVAC UNITS**  
Clean or replace your systems' air filters regularly, and have them serviced at least once a year.
- 6. AIR SEAL**  
Air sealing can prevent moisture and other outside pollutants from entering your home.
- 7. INSULATE**  
Prevent excess humidity to keep your home healthy and comfortable.

Start breathing healthy air and avoid allergies with help from Energy Smart Home Improvement. Contact us to schedule a consultation for your home today.



# Embrace Healthy Homes Principles

- **Minimize indoor emissions.**
- **Keep it dry.**
- **Ventilate well.**
- **Protect against outdoor pollution.**

*William W Nazaroff, PhD  
Daniel Tellep Distinguished Professor of Engineering  
University of California, Berkeley  
Editor, Indoor Air*

# Hayward Healthy Homes

- **Continuous Fresh Air.**
- **Properly Seal & Insulate.**
- **Minimize Toxic Materials.**
- **Cleanable Surfaces.**

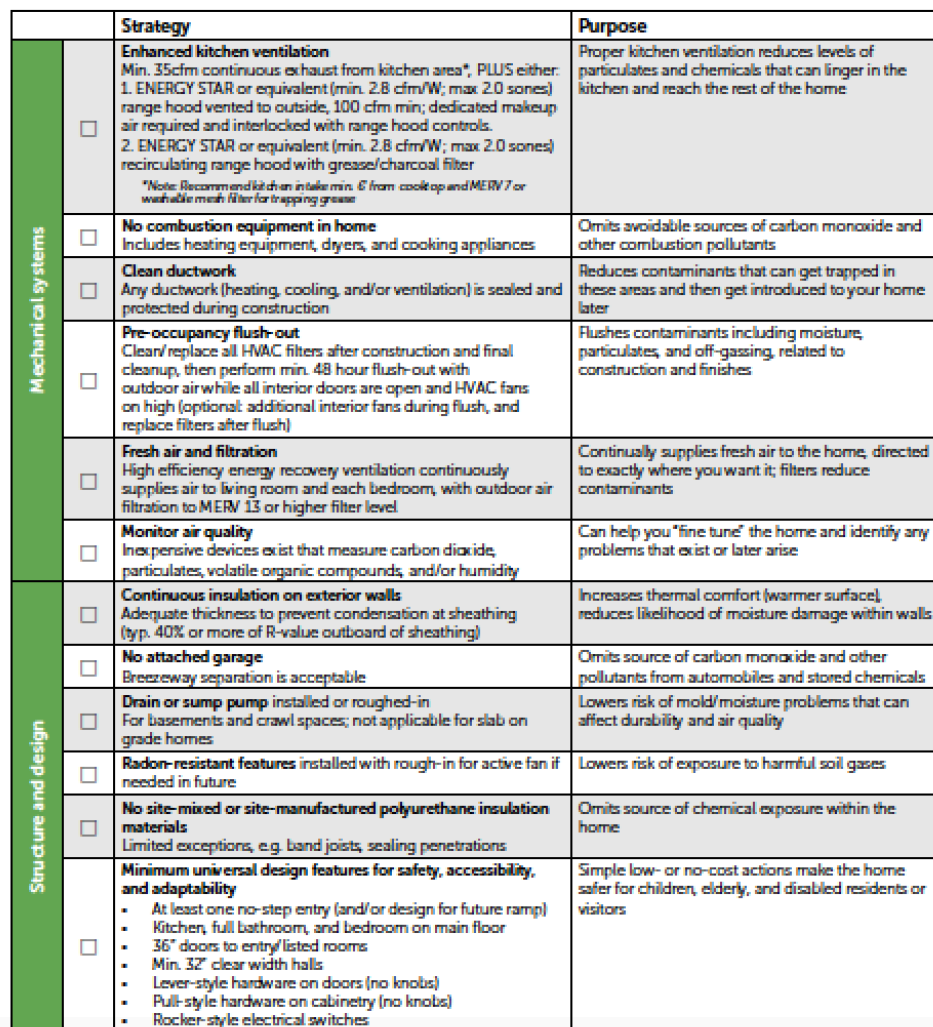
*Bill Hayward  
Hayward Healthy Homes  
Hayward Lumber Company  
Carmel, CA*

# Joe Lstiburek, PhD.

- **Dry**
- **Pest free**
- **Clean**
- **Toxic chemical free**
- **Well ventilated**
- **Comfortable**
- **Combustion by-product free**

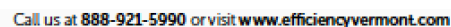
*Joe Lstiburek, PhD.  
Building Science Corporation  
Read This Before You Design, Build or Renovate  
Building America Program, 2005*

For customers who wish to augment energy efficiency with intentional choices that target a healthy living environment, the following list highlights actions inspired by the LEED, Indoor airPLUS, Passive House, and Living Building Challenge programs. This is a **self-verification** checklist and does not represent Efficiency Vermont endorsement or requirements.



	Strategy	Purpose
Finishes	<input type="checkbox"/> <b>Paints and finishes</b> ultra-low emitting <ul style="list-style-type: none"> <li>• Zero-VOC, Declare<sup>®</sup> listed, or meet a third-party standard identified by Indoor airPLUS<sup>®</sup></li> <li>• No wallpaper made from vinyl</li> </ul>	Reduces exposure to chemicals that may be harmful to installers or occupants, by touching or breathing (due to off-gassing over time)
	<input type="checkbox"/> <b>Flooring</b> aligned with healthy home principles <ul style="list-style-type: none"> <li>• Hard-surface flooring in all rooms (no carpet)</li> <li>• Flooring meets FloorScore<sup>®</sup> or Declare<sup>®</sup> requirements</li> <li>• No flooring made from vinyl</li> </ul>	Reduces habitat for dust, mites, and allergens; Limits exposure to chemicals, including those that off-gas over time
	<input type="checkbox"/> <b>Cabinets and countertops in kitchens and bathrooms</b> aligned with healthy home principles <ul style="list-style-type: none"> <li>• Solid material construction (e.g. metal, glass, solid wood), or any composite meets a third-party standard identified by Indoor airPLUS<sup>®</sup></li> </ul>	Reduces exposure to chemicals that may be harmful to installers or occupants, by touching or breathing (due to off-gassing over time)

† <https://www.epa.gov/indoorairplus>  
‡ <https://www.scsglobalservices.com/services/floorscore>

[illegible]

# WELL BUILDING STANDARD® FEATURES MATRIX

This table shows which features are Preconditions and Optimizations for the different typologies of the standard for commercial and institutional offices. Refer to the tables in the beginning of each concept for details about the applicability of specific parts.

For occupied spaces to obtain WELL Certification, all Preconditions are required for the Silver level and completion of Optimizations allow projects to receive higher award levels. For Core and Shell projects to achieve WELL Compliance, all Preconditions are required, as well as at least one Optimization from every concept.

COMPLIANCE		PRECONDITION	OPTIMIZATION	Core and Shell	New and Existing Interiors	New and Existing Buildings
CERTIFICATION		PRECONDITION	OPTIMIZATION			
Air						
01	Air quality standards			P	P	P
02	Smoking ban			P	P	P
03	Ventilation effectiveness			P	P	P
04	VOC reduction			P	P	P
05	Air filtration			P	P	P
06	Microbe and mold control			P	P	P
07	Construction pollution management			P	P	P
08	Healthy entrance			P	O	P
09	Cleaning protocol				P	P
10	Pesticide management			P		P
11	Fundamental material safety			P	P	P
12	Moisture management			P		P
13	Air flush				O	O
14	Air infiltration management			O	O	O
15	Increased ventilation			O	O	O
16	Humidity control				O	O
17	Direct source ventilation			O	O	O
18	Air quality monitoring and feedback				O	O
19	Operable windows			O	O	O
20	Outdoor air systems			O	O	O
21	Displacement ventilation				O	O
22	Pest control				O	O
23	Advanced air purification			O	O	O
24	Combustion minimization			O	O	O
25	Toxic material reduction				O	O
26	Enhanced material safety				O	O
27	Antimicrobial activity for surfaces				O	O
28	Cleanable environment				O	O
29	Cleaning equipment				O	O

COMPLIANCE	PRECONDITION	OPTIMIZATION	Core and Shell	New and Existing Interiors	New and Existing Buildings
CERTIFICATION	PRECONDITION	OPTIMIZATION			
Nourishment					
38	Fruits and vegetables			P	P
39	Processed foods	P		P	P
40	Food allergies	P		P	P
41	Hand washing			P	P
42	Food contamination			P	P
43	Food ingredients	O		P	P
44	Nutritional information	O		P	P
45	Food advertising	O		P	P
46	Safe food preparation materials			O	O
47	Serving sizes			O	O
48	Special diets			O	O
49	Responsible food production			O	O
50	Food storage			O	O
51	Food production	O		O	O
52	Mindful eating	O		O	O
Light					
53	Visual lighting design			P	P
54	Circadian lighting design			P	P
55	Electric light glare control	P		P	P
56	Solar glare control	O		P	P
57	Low-glare workstation design			O	O
58	Color quality			O	O
59	Surface design			O	O
60	Automated shading and dimming controls			O	O
61	Right to light	O		O	O
62	Daylight modeling	O		O	O
63	Daylighting fenestration	O		O	O
Fitness					
64	Interior fitness circulation	P		O	P
65	Activity incentive programs			P	P
66	Structured fitness opportunities			O	O
67	Exterior active design	O		O	O
68	Physical activity spaces	O		O	O
69	Active transportation support	O		O	O
70	Fitness equipment	O		O	O
71	Active furnishings			O	O
Comfort					
72	ADA accessible design standards	P		P	P
73	Ergonomics: visual and physical			P	P
74	Exterior noise intrusion	P		O	P
75	Internally generated noise	O		P	P
76	Thermal comfort	P		P	P
77	Olfactory comfort			O	O
78	Reverberation time			O	O
79	Sound masking			O	O
80	Sound reducing surfaces			O	O
81	Sound barriers			O	O
82	Individual thermal control			O	O
83	Radiant thermal comfort	O		O	O





# Relevant Content & Messaging

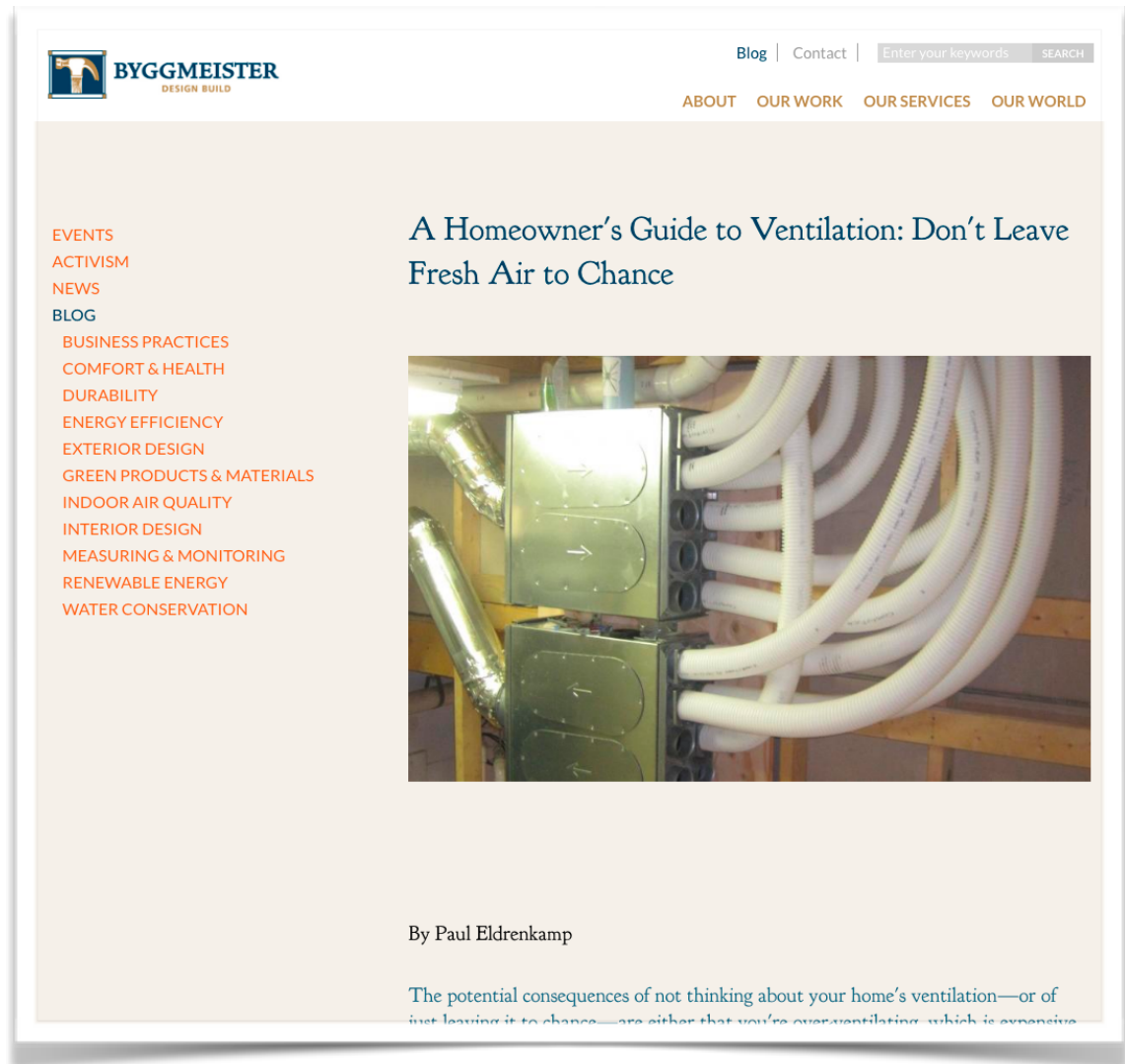
- **Healthy home topics**

The indoor environment  
Healthy Home & IAQ  
Energy Costs & Clean Air  
Comfort  
Reliability/Resiliency  
Lighting  
Acoustics

- **Specific services**

- **Expertise**


- **FRESHNESS!**



# Content That Connects Health & Home

- The Effects of Mold
- Your House, Your Kids and Asthma
- Low Levels of Carbon Monoxide--Are You Safe?
- The Air in Your House--Where's it Come From?
- Is Your House Making You Sick?
- Pests in Your Walls--Not Just an Annoyance
- Choosing Healthy Materials for Your Home

*Getting Found = Having Content*


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# Whole Home Solutions

At E3 Innovative, we believe a home should be a safe, clean and comfortable home to live in. That is why we help families create high performance homes dedicated to helping our clients protect their most treasured investment for generations.

[Learn More](#)

Ensure your home is comfortable, healthy, durable, and sustainable

with Whole Home Solutions from the Experts at E3.


(615) 667-8453

Whole Home Solutions means taking an Integrated Approach to Home Improvement

Whether you are making upgrades in existing homes, planning a new construction project, or renovating a historic home, E3 provides the expertise to help you create healthy, comfortable and efficient spaces that are superior to your expectations.

Safe indoor air quality, consistent comfort, and long-lasting durability are what set whole home homes designed with an integrated approach. From the most comprehensive home assessment, through our design strategy and construction phases, through our finishing touches, we'll make your dream project a reality.

There are 4 key areas of integrated whole home solutions with our clients, the focus of all our high performance homes and sustainable living. The areas that make them comprehensive were a part of the equation. Our strategy helps ensure your life is improved long after your completion.



E3 INNOVATIVE is a whole-home performance company that focuses on integrated, long-term solutions that serve you and your family.

Is Your House Making Your Family Sick?

Whether you are making upgrades in existing homes, planning a new construction project, or renovating a historic home, E3 provides the expertise to help you create healthy, comfortable and efficient spaces that are superior to your expectations.

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### Physical Symptoms

- Skin irritation
- Fatigue, brain fog, & lethargy
- Frequent allergies
- Frequent colds

### Cognitive Symptoms

- Frequent headaches
- Frequent forgetfulness or memory loss
- Difficulty staying on task or staying on



### Emotional Symptoms

- Irritation
- Feeling agitated or depressed
- Anxiety or worry

### Respiratory Symptoms

- Chronic cough
- Sinus congestion
- Increased asthma symptoms

Pets

They can be even more sensitive than humans are to household chemicals and allergens.

### Does This Sound Like You?

**I think my house is making me sick.**  
I get headaches and it feels like all of my joints are hurting from the inside.

[Learn More >](#)

**My hardwood floors are warping.**  
I have a lot of mold in the crawlspace below the floors and it's making me sick.

[Learn More >](#)


**The house smells damp and musty.**  
Just can't figure out where it's coming from or what it is.

[Learn More >](#)

The first time you notice these performance issues in your home, you've got a problem. This happens when the house is constructed and maintained with a poor material selection.

### Which Symptoms are you Seeing in Your Home?

- Excess Dust & Dirt**
  - House feels dirty, even after it been cleaned
  - Increased allergy symptoms, especially after cleaning
  - Frequent itching, itchy skin or itchy hair or face or eye
- Condensation & Mold Growth**
  - Condensation on the inside of windows or doors
  - Visible mold growth on bathroom, on windows, etc. or anywhere else
  - Mold issues on bathroom grout and other hard-to-clean surfaces & base
- Unpleasant Odors**
  - House smells when you first enter, on certain corners and
  - Smell of mold when you enter
  - Musty or stale smells you can't get rid of
- Humidity Issues**
  - No heavy dew or rain, even after the condensation is coming
  - Humidity stays high throughout the day
- Temperature Discomfort**
  - Home is always too hot or too cold
  - Home is always too dry, especially during the winter



Ensure your home is comfortable, healthy, durable, and sustainable

with Whole Home Solutions from the Experts at E3.

(615) 667-8453

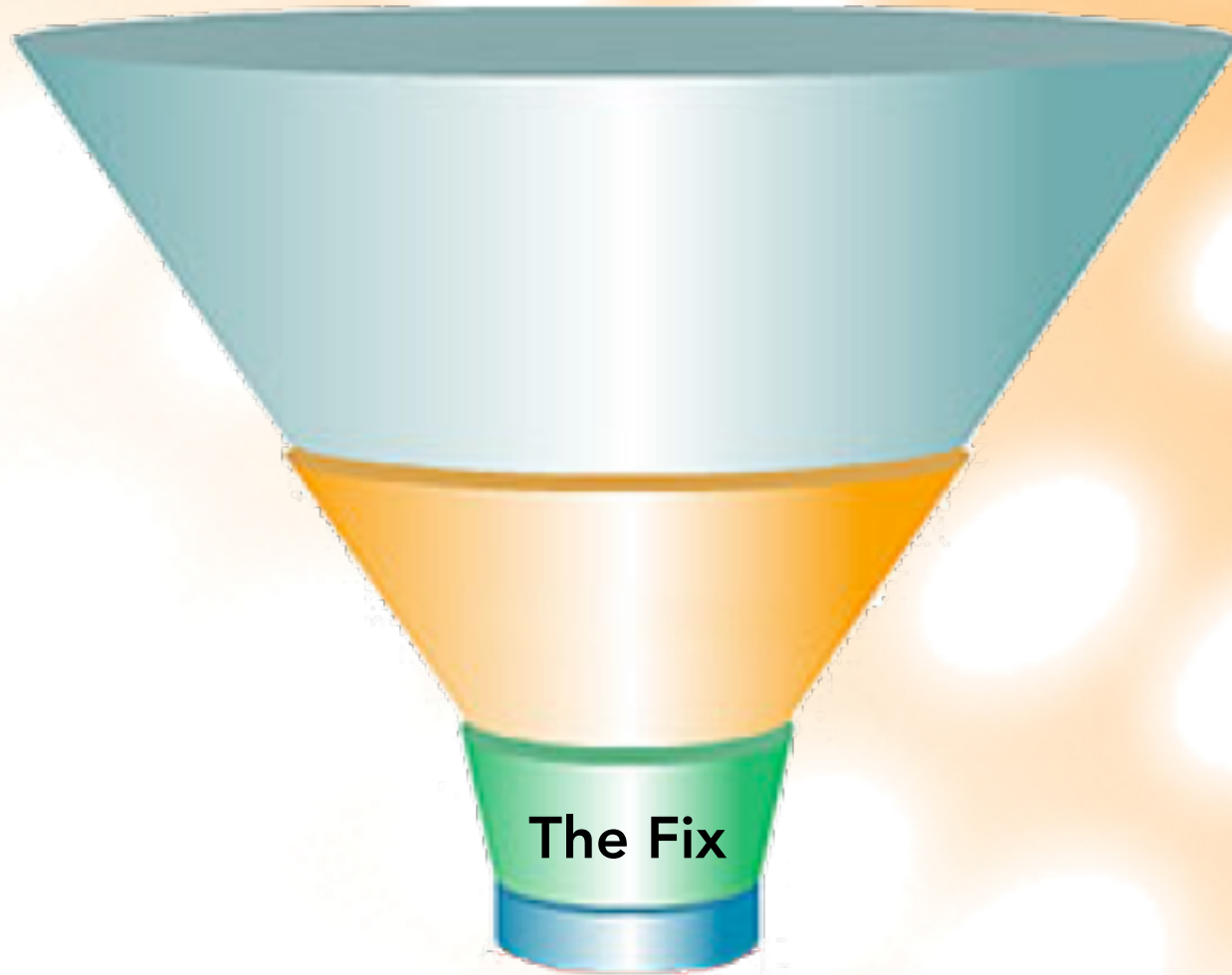
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There are 4 key areas of integrated whole home solutions with our clients, the focus of all our high performance homes and sustainable living. The areas that make them comprehensive were a part of the equation. Our strategy helps ensure your life is improved long after your completion.

A 3D cutaway illustration of a modern house with a green roof, showing five numbered areas (1-5) representing different rooms and their furniture. The house is shown in a cross-section view, revealing the interior layout. The roof is green, and the exterior walls are light brown. The interior is divided into five numbered sections: 1. Living room with a sofa, coffee table, and fireplace. 2. Kitchen with a sink, stove, and refrigerator. 3. Dining area with a table and chairs. 4. Bedroom with a bed and dresser. 5. Bathroom with a bathtub and toilet. The house is set on a green lawn with a blue sky and clouds in the background.





# First: Explain Your Diagnostic Approach



630-283-2248 | Services@InsightPSInc.com

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## AIR QUALITY TESTING

IAQ Home Survey is a low-cost state-of-the-art indoor air quality assessment that can identify numerous chemical sources, whether they are from known sources (e.g., new paint, potpourri, or carpeting) or from mold that might be hidden from view but potentially found during a full home inspection. The IAQ Home Survey analytical report can be utilized to create an action plan to remove or remediate any issues found prior putting your home on the market.

### WHAT DO WE LOOK AT?

An air quality test will take several samples of the air to determine what VOC's or if any mold particles are present.

### WHO SHOULD HAVE AN AIR QUALITY TEST?

If you have any sensitivities, allergies, asthma, small children, elderly or anyone who has a chronic illness should have an Air Quality Test done. Prior to moving into a new home you should also have an Air Quality Test done to ensure the seller has not used any harmful products during renovations that emit high VOC's. New homes may also have high VOC's and it is recommended they are tested as well.

### HOW LONG DOES IT TAKE TO DO AN AIR QUALITY TEST?




It takes between 30-45 minutes depending on how many samples need to be taken.

### HOW LONG DOES IT TAKE TO RECEIVE THE RESULTS?

Air Quality Test results are received between 5-7 business days.

#### Testimonials

Anonymous (IL)  
*Joe was phenomenal - very thorough, very knowledgeable and very helpful!*



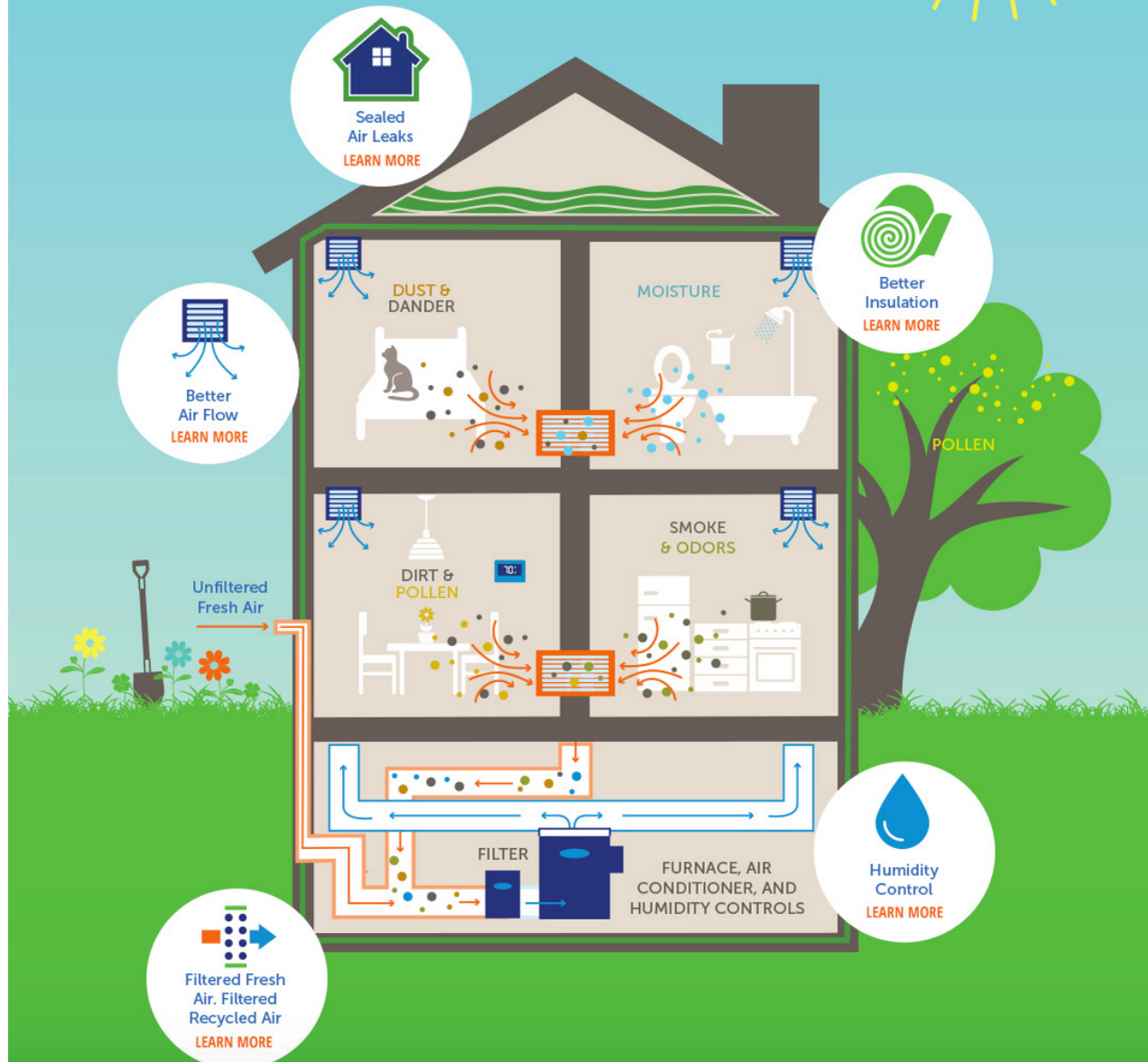
TEST CENTER

# Communicate Your Services

- **Envelope Control (air leakage)**
- **Whole House Ventilation**
- **Crawlspace Encapsulation**
- **Duct cleaning and sealing**
- **Moisture Control**
- **Equipment Replacement**

 Breathe Easy Home  


# How It Works





# Use Case Studies

- Measures We Implemented
- Voice of the Client

 **BYGGMEISTER**  
ORDER WORLD

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ABOUT OUR WORK OUR SERVICES OUR WORLD


HOME PERFORMANCE

KITCHEN & BATHROOMS

LIVING SPACES




WHOLE HOUSE

## Of Mice and Men



**A Cambridge Retrofit Does More Than Save Energy**

When the owners of this 1873 home came to us they were at their wits end: they couldn't stay warm in the winter no matter how high they turned up their heat; they had a major mouse problem; and the wife was suffering from health issues that she felt were exacerbated by indoor pollutants. The homeowners loved their house, with its charming period architectural details, and they loved its location in a vibrant neighborhood of Cambridge. But its poor energy performance and air quality were detrimental to their quality of life.



### Benefits

COMFORT & HEALTH

# Social Media for Storytelling & Emotion

Energy Docs

Energy Docs Timeline 2013

Energy Docs shared a link.  
October 8, 2013

Energy Docs Home Performance Contractor has greatly improved the health and happiness of children and those with respiratory conditions through careful attention to the identification and reduction of potent asthma triggers through our comprehensive home performance fixes to homes.

Here's one of our case studies where the clients were thrilled with the transformation in their health, and one their doctor immediately noticed, and they are saving 76% of their energy bill, to ... See More

Energy Docs Home Performance Case Study  
www.youtube.com

This Energy Docs Home Performance actual case study shows real utility bill data proving that Home Performance upgrades can reduce energy bills by 76% and sa...

DSCF0661.jpg

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Need to hire Interns?  
internmatch.com

HIRING MADE EASY

Post on InternMatch & start reaching students from every top university today!

Crown Your Brand the King  
ignite800.com

Vanity toll free numbers help your brand live on in the hearts & minds of your customers.

Mobile Share® Value Plans  
att.com

Our new, best-ever small business value plans. Learn more.

After Heart Attack  
fourierstudy.com

Adults May Qualify for a CVD Clinical Research Study for an Investigation Medication.

# Voice of the Customer: Priceless

LOVE OUR HOME!!! There just aren't enough good words to express what Energy Docs has done for us! For the first time since owning this home we have a PG&E bill that is less than \$1500, even less than \$300!!! and for the first time in 12 years our son has made it through his first December without a trip to the hospital because our air quality is so much better! This project has improved our lives in more ways than we could have imagined. Thank You So Much

Unlike · Comment · Tuesday at 9:42pm



You like this.

# Customer Journey Example: Facebook

Don't forget this important spring cleaning task!

<https://goo.gl/qzZaHM>

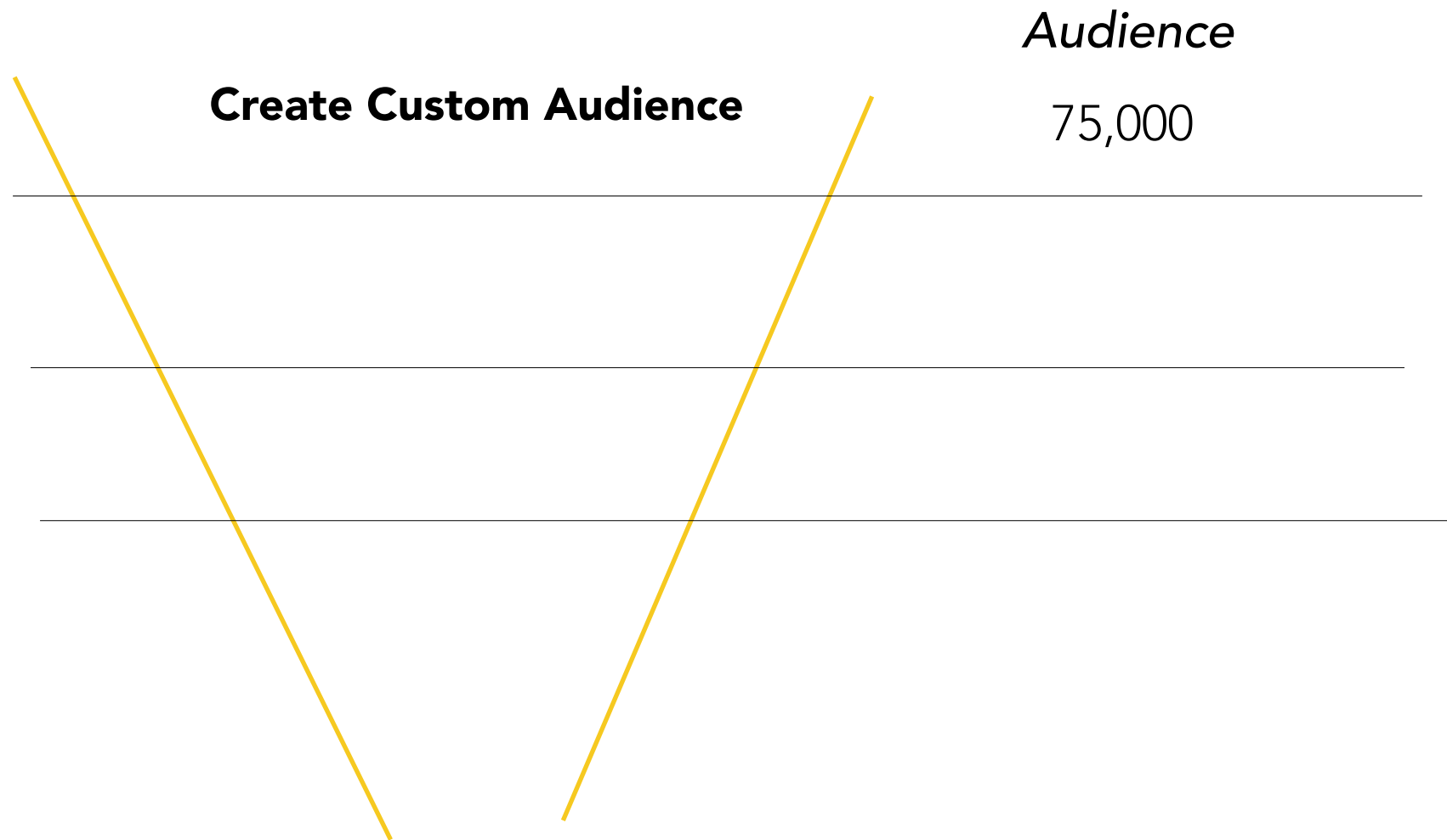


## Add a Healthy Home Evaluation to Your Spring Cleaning List

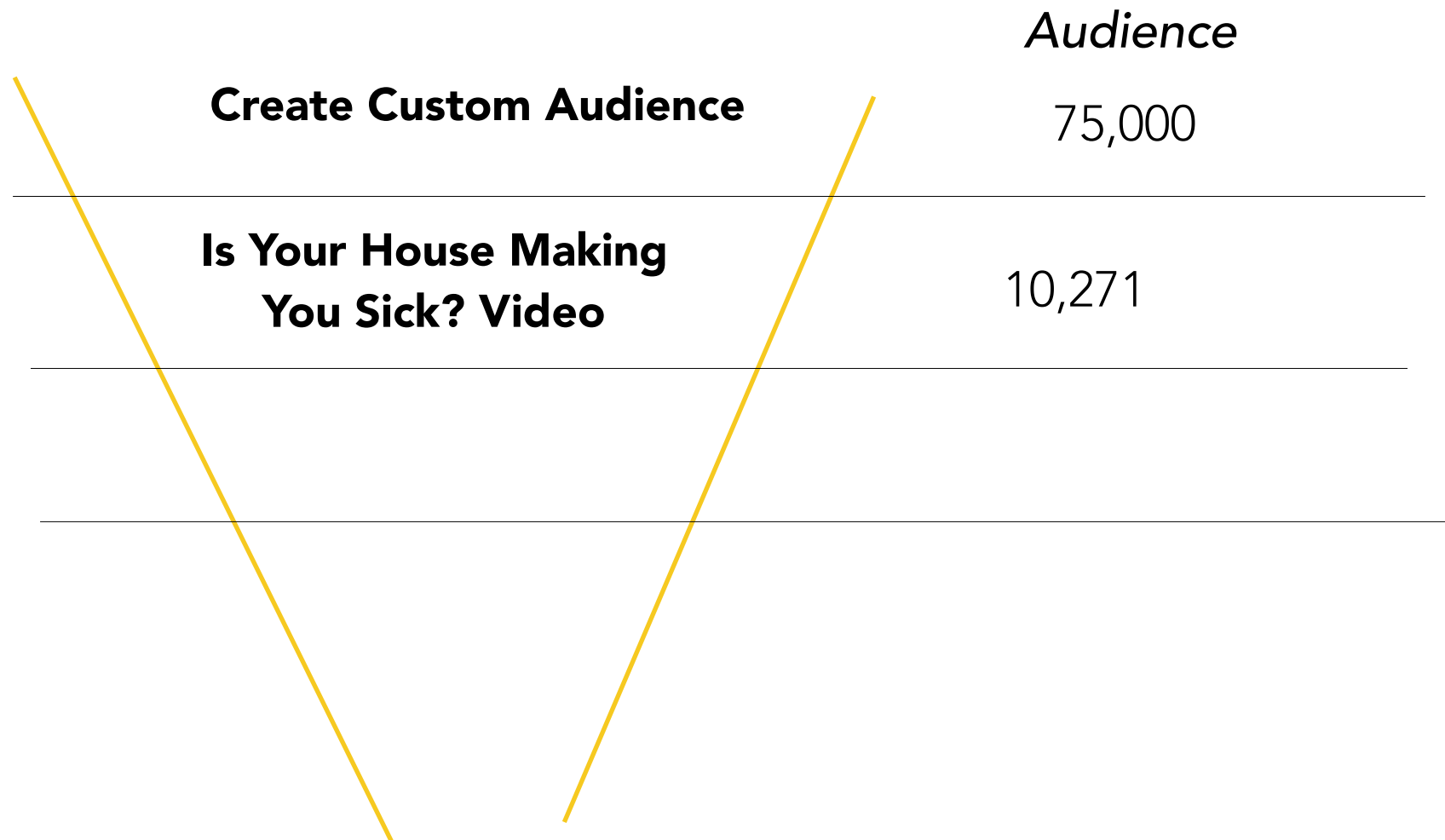
With the weather finally warming up and the days getting longer, you're probably itching to tackle some projects around the house. Maybe you've caught the...

[Learn More](#)

# Facebook Custom Audiences



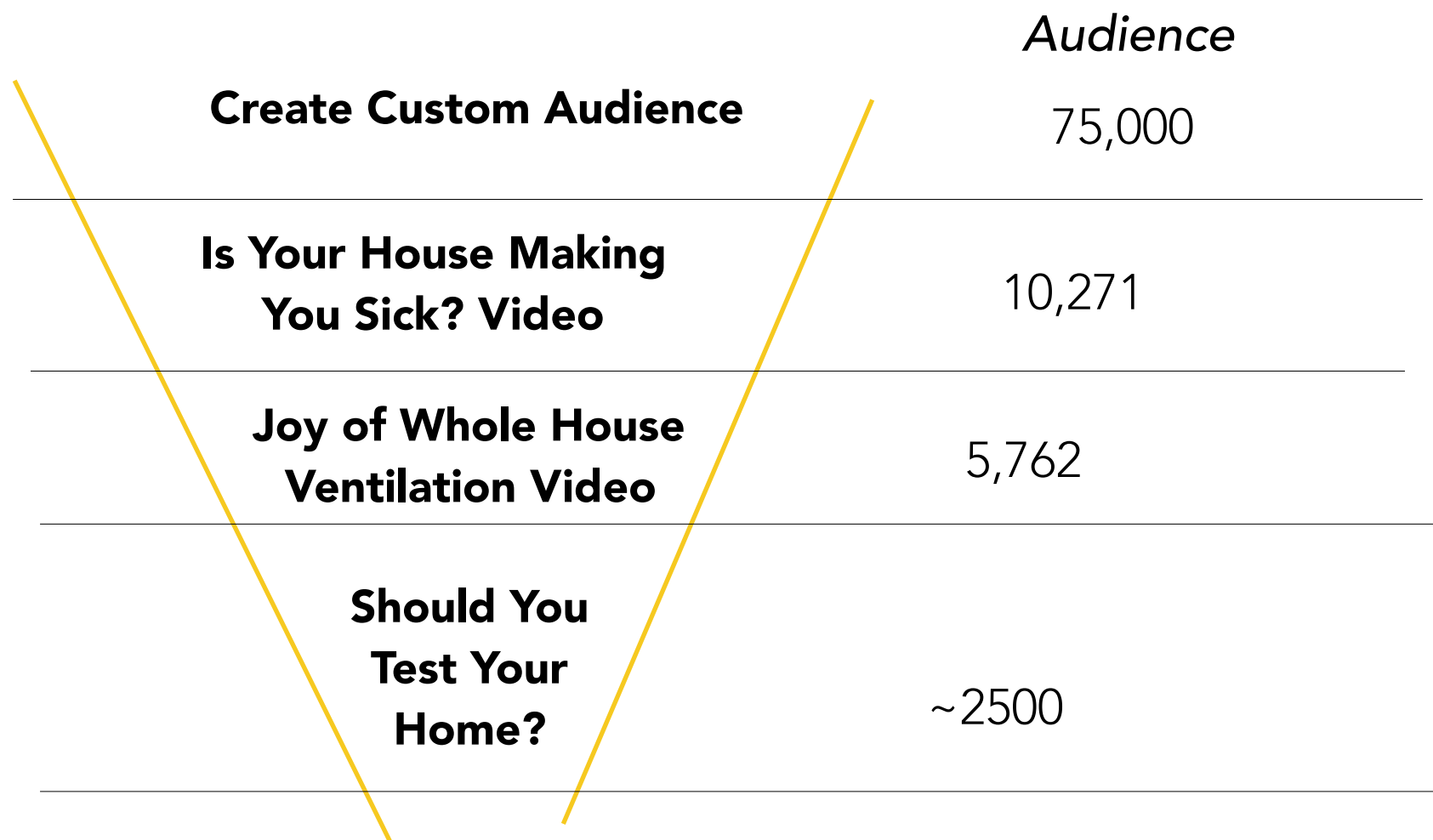
# Facebook Custom Audiences



# Facebook Custom Audiences

	<i>Audience</i>
<b>Create Custom Audience</b>	75,000
<b>Is Your House Making You Sick? Video</b>	10,271
<b>Joy of Whole House Ventilation Video</b>	5,762

# Facebook Custom Audiences



**Web Visits & Lead Conversions**



# Healthy Homes Vision and Goals

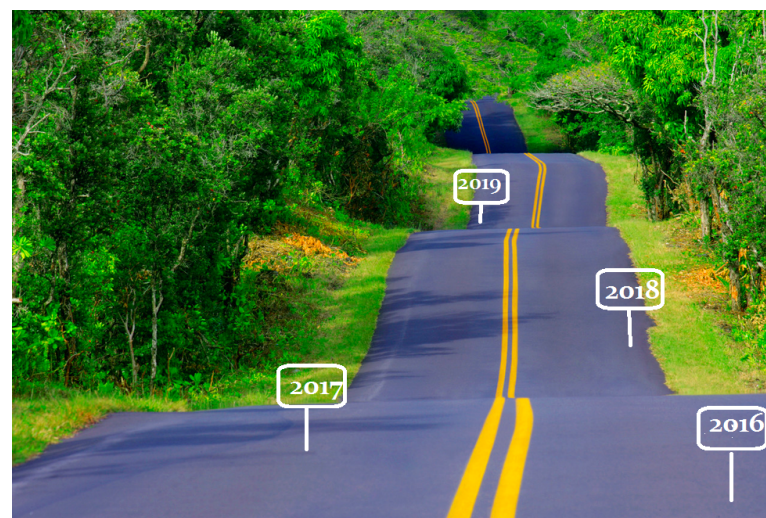
*Through efficiency, Vermont homes are safe, affordable, comfortable, durable and resilient resulting in an improvement in population health and a reduction in greenhouse gases.*

Goal 1: Provide **cost-effective services** that **improve health outcomes** while **reducing energy burden**.

Goal 2: **Increase impact** through strong, mutually beneficial healthy-home **partnerships**.

Goal 3: Be a **credible and valued partner** in the health/energy nexus.

Goal 4: Create a **clear strategy** for healthy, affordable homes.

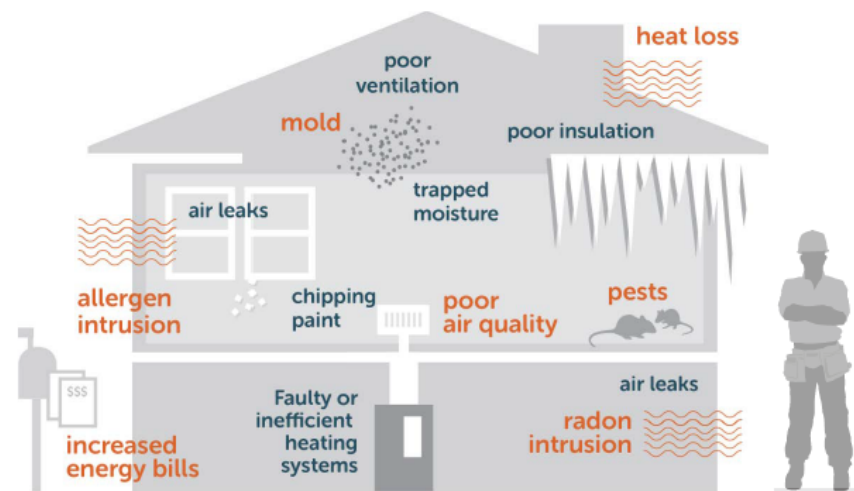


# Healthy Home Offerings

1. Residential New Construction Healthy Home Checklist
2. Healthy Home Energy Assessments and Home Energy Loans
3. Indoor Air Quality Monitor Loans
4. Healthy Home Contractor Network
  - Rental equipment
5. Four Hospital Pilots

## Healthy Home Program Playbook

*for Efficiency Excellence Network Contractors & Staff*





# QUESTIONS?

Peter Troast

[peter@energycircle.com](mailto:peter@energycircle.com)